# The Bethel Citizen

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Serving Bethel and neighboring communities in the mountains of western Maine

## New NAPA store proposed for Rte. 2

Planners ask for design changes

By ALISON ALOISIO

An application for a 7,000-square foot NAPA **Auto Parts Store on Route** 2 in Bethel was presented to the Planning Board last

"My goal is to make this store the flagship store and be the hub," said Tony Carter, who said he owns a total of eight NAPA stores in Maine and New Hampshire,

The store would go on a 1.47-acre lot between Sport Thoma and Bearhaven Crossing,

Carter said all shipments of car parts would come into the store and then be sent on to the other stores. He noted that buying in bulk saves money and would help to pay for the new store.

He added that the store would likely employ another four to six people over the current one on Mechanic Street.

The plan was presented by Bob Berry of Main Land Inc. of Livermore Falls, and the building design itself by Brian O'Donnell at a similar option. of Building Solutions of

The structure would be 100 feet long as it faces Route 2 and 70 feet deep, according to the plans. There would be 37 parking spaces and a driveway shared with Sport Thoma.

The original plan called for blue and white metal siding on the building, with a single slope roof sloping slightly toward the back. The building would be 23 feet high, or two stories.

Carter said that inside there would be a mezza-nine area, with car parts stored on the upper level.

In discussion on the proposal, some planners expressed concern about the box-style appearance of the building, compared to the nearby commercial buildings that have peaks in their roofs.

The presenters said a gable roof had been considered, but allowing sufficient space inside with that design would make the building another 10 to 12 feet taller, dwarfing the buildings on either side. Board Chairman Mike

Charron suggested a facade approach.

Carter said his store in Topsham has a facade style, and they could look

Another concern the metal siding. Charron asked if the applicant could "tone down" the siding to fit better with the wood of the nearby businesses, while still maintaining the NAPA appear-

See NAPA, Page 2

# Petition seeks to slow any wind power applications in Albany

By ALISON ALOISIO

Albany residents are circulating a petition to submit to the state to get their township off the "fast track" list for wind power development, should there be any applications for it.

The same process took place in Mason and Milton earlier this year. Bob O'Brien, president of

the Albany Improvement Association, said the AIA recently requested petition paperwork.

Interested residents met with a Land Use Planning Commission representative last week to learn about the process.
"Most of the people at

the meeting felt that windpower developers should have to go through the same steps in the permitting process as everyone else," said O'Brien.

He said the residents are not against wind power, "but would like the 'playing field' to be the same for everyone."

BACKGROUND

In 2008 the Maine Legislature approved a law to streamline the permitting process for wind projects in parts of rural Maine, including unorganized territories. But some crit-

ics worried the move has deprived residents of such unorganized areas of input in the review process.

Last year the Legislature passed a new law that allows UT residents to petition for removal of their township, or parts of it. from the fast-track process (known as expedited permitting), thus adding another step of review for developers who wish to

build wind farms. That extra step would be a requirement for the Land Use Planning Commission, which serves as the planning authority for the UTs, to rezone a proposed wind development area prior to considering a plan, according to the LUPC website. Currently, proposals are reviewed by the Maine Department of Environmental Protection. That process would remain in place.

A new NAPA

**Auto Parts Store** 

Management LLC

Sport Thoma (at

left, above) and

the Bearhaven

Crossing build-

ing (right back-ground) on Route

2 in Bethel, At left,

Brian O'Donnell of

**Building Solutions** 

of Oxford presents

proposed structure.

asked him to make

some adjustments

A. Aloisio; D. Bennett

a graphic of the

Planners have

to the design.

for the lot between

is proposed by

**B&B** Property

The UT petition process must take place between Jan. 1 and June 30 of this year, according to LUPC. A petition must be signed by a minimum of 10 percent of the number of registered voters residing in the township who voted in the most recent guberna-

See WIND, Page 3

## **Union Church parts** to go to Portland

By ALISON ALOISIO

The 19th century Union Church, which Woodstock has puzzled and fretted over for two years, will be dismantled and much of its lumber and other parts will become part of building renovations in Portland, according to town officials.

Town Manager Vern Maxfield told selectmen Tuesday that Ted Morse of West Paris is doing interior renovations on buildings destined to be restaurants on Congress Street. The wood, the tin ceiling and even a cupboard will be used, Maxfield said.

The town has wrestled with what to do with the

UT budget to hold steady

The Municipal Services budget for the Unorganized

Territories of Oxford County was presented last week

to UT residents who gathered at the Albany Town Hall.

The budget covers such expenses as road maintenance,

fire protection, ambulance service, solid waste and re-

cycling, capital outlay, payments to capital reserve, ad-

This year's budget is \$1,429,570, compared to last year's

figure of \$1,420,377, according to information presented

by County Administrator Scott Cole to a group of about

New this year is \$45,000 in administrative costs to pay

3/4 of the wages, benefits and related employment costs

for a county administrative assistant, who does UT-

related works in the Commissioners' office, along with

He said the Commissioners' office now has three em-

ployees and all share some responsibility for the unor-

ganized territory, but the third position is intended to

Cole and Deputy Administrator Judy Haas, Cole said.

ministrative costs and contingency.

old building for some time. After there were no takers for the town's offer to sell it, plans were made earlier this year for the Fire Department to burn it. But that idea was abandoned and then Morse came along.

The church is expected to be taken down in the next month.

In other business Tuesday, selectmen approved, using \$1,500 of the town's boat registration fees toward milfoil control. The town and Lakes Association have been fighting a years-long battle against the invasive plant in Lake Christopher, as well as in

See CHURCH, Page 3

#### By AMY WIGHT CHAPMAN When the Mahoosuc

Community Band performs its annual spring concert on Monday, May 9, mallet percussionist Scott Hynek, who has played both the marimba and concert bells in the band, will introduce the audience to his newest instrument, a vibraphone.

A lifelong engineer and hands-on designer, builder. and inventor, Hynek often puts his engineering skills to work around his East Bethel homestead, where he has taken up a second career as a farmer since retiring to Maine 15 years ago.

When he decided he needed to own a vibraphone, he didn't simply go out and buy one; he built one from scratch.

"I could have bought an older used one, in need of restoration work, for around \$1,500," Hynek said.

A new one would have set him back between \$3,000 and \$6,000.

Instead, he has invested about \$1,000 in materials "and a whole lot of time" in the instrument he will play in Monday's concert at the West Parish Congregational Church.

## Mallet percussion

The first vibraphones were developed and manufactured in the 1920s. The instrument consists of a double row of aluminum bars of varying lengths that are struck with a mallet to produce notes. The standard modern instrument has 37 bars, and a range of three octaves.

Each bar is paired with a tubal resonator that amplifies its sound. Across the top of each bank of resonators is a shaft of discs, called fans. When rotated by a small electric motor, the fans open and close over the openings of the resonators, producing

a tremolo effect. The vibraphone is one of several mallet percussion instruments of varying degrees of complexity, Hynek said.

The most basic is the xylophone. The concert version of the xylophone has wooden bars and can play notes in several octaves, he said.

The more complex concert bells, also called the glockenspiel, have metal bars. Hynek's set of concert bells has a range of two octaves.

He also owns a marimba, which, like the vibra-



Scott Hynek made the butterfly valves, or fans, for his vibraphone of circles of lightweight aluminum cut from beer cans. A. Wight Chapman

phone, has a resonator tube attached to each of its bars to amplify the sound.

See VIBRAPHONE, Page 3

**PUBLIC SUPPER** West Bethel Union Church Saturday, May 7 5:30-6:30pm dults \$8 ~ Children Under 12 \$3

The Bethel Citizen 19 Main St. • PO Box 109 Bethel, ME 04217 ads@bethelcitizen.com www.bethelcitizen.com

focus on UT related work to a greater degree.

## Letters

#### **WEEKLY HIKING** SERIES OFFERED

#### To the Editor:

Mahoosuc Pathways is pleased to announce the start of a weekly hiking series for 2016. This after hours hiking series starts today (May 5) and runs through October.

We'll be focusing on hiking some of the lesser known hikes in the area along with some old classics. These after hours or happy hour hikes will also feature a few longer hikes for a more adventurous outing along with a couple of days of trail stewardship to keep these trails in tip top shape. These are unguided hikes and one should feel free to go at their own pace.

Each walk, hike or stewardship day will leave from a different trailhead at 5 p.m. each Thursday unless otherwise noted. Due to limited space at trailheads we'll set up a carpool leaving from behind the Gem Theater each Thursday.

The full schedule can be found in this week's paper. For more information, driving directions, and trail trivia please visit mahoosucpathways.org.

Gabe Perkins Bethel

#### MINORITY USURPING **MAJORITY RIGHTS**

#### To the Editor:

In response to Ann Speth's letter to the Bethel Citizen on April 28, I would only say "thank you" for two paragraphs of biology and psychology lessons concerning the transgender issue.

With all due respect to Ms. Speth's explanations concerning those who claim to be transgender, this has nothing to do with feeling uncomfortable or confused around those who have changed gender or who believe that he or she is of a different gender trapped in his or her body. Perhaps, as she stated, that's the way she used to feel but how she feels or felt has little to do with my feelings. I do have compassion for those who, as she wrote, "become depressed, suicidal, addicted to alcohol

With that being said, I still would not want a man who identifies as a woman or dresses as a woman in the same bathroom as my 10-year-old granddaughter. If not allowing these people to use the ladies room and sit in a stall (I'm assuming he/she sits) next to my wife drives them to depression and the end result of that depression, well, I'm sorry. All the biology lessons and psycho-babble put out there to put a positive spin on what society will allow or won't allow these people to do, cannot convince me that it is right. Making something legal, doesn't make it moral.

In spite of what Ms. Speth says in her letter, the minority ARE usurping the rights of the majority. According to the latest Gallup Poll, only 3.8 percent of the U.S., population is gay, lesbian, bisexual, or transgender. To be more specific, only 0.3 percent of the population is transgender. If you don't call 0.3 percent of the population usurping the rights of 96.2 percent of the population, then what would you call a minority that forces its will on the rights of the majority?

As far as her comment that society is making progress (?) by accepting variations in the population and that we need to accept these differences and find a place in our hearts, our lives, and our communities for these people. that is Orwellian "double speak" tainted with emotion which ordinarily works, but not this time.

I'm not sure if all you folks are aware of what is happening with the Target Stores since they made it public that transgenders are welcome to use the ladies room. The last time I looked, there were over 1,000,000 signatures protesting this decision to Target and is still growing. So there must be a few people out there that feel as I do - please use the men's room...thank you.

Thanks for listening.

Carmine Castaldo Bethel

#### LETTERS TO THE EDITOR

The Citizen welcomes letters to the editor. We hope our readers will regard the newspaper as a public forum for discussing any topic they believe to be of interest to the community. The deadline is 4:30 p.m. Monday.

Send letters to: Editor, Bethel Citizen, PO Box 109, Bethel, ME 04217-0109. Fax: 824-2426. E-mail: news@ bethelcitizen.com.

#### TEST SCORES NEEDED

#### To the Editor:

As our community prepares to consider the proposed FY 17 SAD 44 school budget, and as a Woodstock taxpayer, I ask the following questions:

1. After two years of operating the Telstar Freshman Academy, how do the test scores of those students who have attended compare to freshmen from prior years? 2. After three years of teachers and administrators spending countless hours justifying their practices to meet the very complicated demands of the Maine Schools for Excellence TIF4 requirements, how do our students' test scores compare to those of students in our district prior to the grant's implementation?

Both of these programs have been praised for their innovation and value, but I have yet to see hard evidence that they are effective. Meanwhile, a great deal of time, effort, and in the case of the Freshman Academy, district funding, goes into their implementation.

Finally, I would like to remind everyone that May is Teacher Appreciation Month. Please take a moment to thank the incredibly talented and hard-working professionals we are lucky enough to have here in SAD 44.

> Susan Owens Hanover

#### ON PROM/GRADUATION SAFETY

#### To the Editor:

Prom season is here. For students it is about celebration, staying up late, dancing and having fun with their peers! For parents it can be worrisome and stressful night because prom night can set our kids up in for risky behavior. On prom night, our teens may feel there are exceptions to the rules on such a special occasion. It is occasions such as these that having clear rules and expectations can help keep them safe, Parents please talk to your children about safety and making good choices. And par-

ents here are some tips for you: •Talk to the parents of your teens' friends to confirm the plans for the evening and to exchange cell phone numbers.

•Talk to your teen about your expectations for before, during and after the prom and

consequences if the rules are broken. ·Have your teen check in at different times.

\*Know the law, Adults can be charged with providing a place for minors to consume alcohol. Hosts can also be liable for the safety of their guests,

 Stay up and check in with your teen when they get home. ·If you hear of an underage drinking party call the TIPline ahead of time to stop a party before it starts. This is the safest option.

We congratulate our seniors, and are cheering everyone on as they cross these major lifetime milestones. Together we can make lasting happy memories.

> Allie Burke River Valley Rising Rumford

## From the Bethel Town Manager's Office

By Christine M. Landes

As always, it is my pleasure to provide this bi-weekly column for the citizens of Beth-

This past week marked the due date for the second installment of taxes. The front office has been busy collecting payments at the counter and by mail for a couple of weeks now. If you mistakenly forgot to submit your payment, please make sure you call prior to mailing or dropping it off as interest has now started to accumulate.

The Public Works Department switched to the summer schedule this week. The department works four, ten hour days (M-F) from 6:30-5:00. This schedule change allows the employees to complete projects in a more-timely basis as equipment does not need to be transported as often.

This coming Monday, May 9, at 7 p.m., will be the Public Hearing on several proposed ordinance changes, along with a Wastewater Treatment Plant fee proposal. Up for consideration at the annual town meeting are changes to the Shoreland Zone Ordinance, Sign Ordinance, Administration Code and some Shoreland Map amendments. The sewer fee rate proposal will be voted on by the Board of Selectmen that evening. It is our understanding that one of our own employees is the recipient of the Chamber's Public Service Award. Scott Sumner, Bethel's Public Works Director, is the 2016

winner. The Board of Selectmen and employees with the town congratulate Scott! Please remember if there is anything I, or the employees of the town, can do for you

please do not hesitate to contact us. We are here for you,

#### NAPA

#### Continued from page 1

ance.

O'Donnell said they could look at alternate siding.

Another issue raised was the visibility of a dumpster behind the building, as well as a large propane tank and electrical equipment near the front. More landscaping features and fencing were suggested.

Planner Cheri Thurston also requested more low-growing shrubbery between the road and the parking lot, in an area currently slated for grass.

The board tabled further consideration of the plan until its May 25 meeting, to allow the applicant to come up with new options to address their concerns.

Procedurally, the planners cited town code requirements that the new development preserve and enhance the landscape, the relationship of the proposed building to the environment, as well as the need to address the special features that include the dumpster, propane tank and electrical items.

As for the existing NAPA store on Mechanic Street, Carter said he has already had inquiries from people interested in renting it. He said he plans to sublet it or use it for storage, until a five-year agreement that will result in him acquiring the building is complete.

## The Bethel Citizen

#### PO Box 109 · Bethel, ME 04217 · 207-824-2444

Edward M. Snook Publisher Carri Frechette Customer Service

**Nancy Forest** Production/ Sales Manager Alison Aloisio Amy Chapman

Tatum Rosenberg Production Assistant

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Capital projects Major capital projects planned for this year include: \$200,000 for the reconstruction of the road and intersection of Hunts Corner/Picnic Hill roads in Albany; \$110,000 for overlay of Hunts Corner Road from the Waterford town line to Stearns Road; \$40.000 for paving 1,575 feet of the Wardwell Road in Albany; \$88,900 for replacing the Meadowbrook Bridge Road in Mason; \$135,000 to replace a stone culvert on a stream on Kings Highway in Mason; and \$25,000 to replace a bridge on a stream on the Sunday River Road in Riley; for an overall estimated cost of \$598,900.

The estimated mil rate for the municipal expenditures only would remain nearly the same, at 4.79.

The county annually submits to the state an estimate of costs for municipal services within Oxford County's UTs for the coming year, Once a final municipal figure is adopted, the state sends the amount in quarterly payments and the county uses the money to pay bills. The UT money is held in a separate fund and subject to a separate audit.

Other portions of the annual tax levy include state services which are primarily school costs, county government itself and overlay.

The municipal budget represents about half of the total tax bill for UT property owners, Cole said.

He said the budget has been approved by the Legislature and signed by the Governor.



AN ACCESSIBLE VOTING SYSTEM WORKSHOP for area municipal officials from around Oxford County took place Monday at the Bethel Town Office. Towns received new \$3,500 "Express Vote" machines from the state that can assist voters who have physical conditions that may prevent them from marking a traditional ballot. Deputy Secretary of State Julie Flynn instructed the group,

By Danna Brown Nickerson

10 years ago; Gould Academy hosted several other schools in a cycling competition that took riders from the Route 2 rest area to the height of land in Grafton Notch.

Telstar's varsity softball team defeated Boothbay 29-0 in a home game.

Births: Nolan Hafner, William Andrew Myers, Myles Richard James, Sophia Elizabeth Nichols, William Oliver Londergan, Anya Kathryn Pittack.

Death; Dorothy Crocker. 20 years ago: Mahoosuc Mountain Sports relocated from Main Street in Bethel to larger quarters in Locke's Mills village.

Telstar's baseball team had won all six of its preseason games,

Births: Morgan Isabelle Morgan, Alyssa Jane deSilva, Karissa Lyn Murphy, Karter Christopher Searles.

Deaths: Evaline Kimball, Linwood "Lindy" Lowell, Ethel E. Morrissen, Lawrence L. Watts, Fred D. Briggs,

30 years ago: The Woodstock Historical Society unveiled its crank phone system switchboard display.

Applications were being accepted for two Youth Conservation Corps program positions on the Evans Notch Ranger District. Births: Darren Wayne Buker, Santana Marie Cordova.

Death: Arthur J. Varney,

40 years ago: The Bethel Historical Society observed the 10th anniversary of its founding.

The highway crew replaced the plank floor of the Branch Brook Bridge in Newry with a steel and concrete slab.

Birth: Dawn Annette

Deaths: Norman O. Mills. Harlan Bumpus.

50 years ago: One hundred eighty nine SAD 44 8th grade students enjoyed a sightseeing trip to Bos-

Birth: Heidi Boek Burk. Deaths: Dr. Lowell J. Reed, U.S. Army S/Sgt. Robert E. Foster.

60 years ago: The Bethel Lions Club was sponsoring a clean-up campaign for a Bethel beautification project. About 400 4-H Club mem-

bers, parents and friends attended the Style Dress Revue at South Paris. 70 years ago: The home

or Mrs. Louisa Tibbets and family, and Edward Holder's garage in Gilead were destroyed by fire. Bear River Grange held

their annual sugar eat and dance at their hall. Snow Valley Boys of Andover furnished the music. Death: Peter Polvinen.

80 years ago: Wilbert Bartlett received appointment to the State Highway Police and went to Camp Keyes for training.

Asher Runnels was working at the Central Service. Station. It was planned to cele-

brate Gould Centennial during commencement. Deaths: William A. Holt, Homer N. Chase, Harry H.

Marx. 90 years ago: At a legal meeting of the West Parish Congregational Church, it was voted to take down the horse shed at the rear of the church.

110 years ago: Mr. David Hayes, the new agent at the Grand Truck, arrived May 9, and was occupying a rent at Mr. William F. Kendall's house.

About 60 couples attended a grand ball at Odeon Hall given by Bethel Hose Company No. 1.

120 years ago: The sidewalk down Main Street was doing much toward making the mud season bearable:

The new fire bell had come and had been put in place. It was a good one, and a valuable addition to the fire department.

#### Church

Continued from page 1

Shagg Pond, This year's estimated cost is \$30,000, with \$8,200 to go to pay divers to remove the plants and \$10,000 to "tend" the divers and provide medical emergency services, if needed. This past year's costs were \$17,000, Max-

field said. Most funding comes from grants and donations.

also dis-Selectmen cussed plans, including electrial, plumbing, fire detection, and lighting, to adapt the recently-purchased MDOT garage on Route 232 to town and PACE ambulance use.

They also voted to order a 2017 one-ton truck for the Highway Department, approved at Town Meeting. Also discussed was what to do with several tax-acquired properties.

#### Vibraphone

Continued from page 1

Manufactured in 1943— "the same vintage as me," Hynek said—his marimba has bars made of rosewood and can play notes in 2.5 octaves.

He became interested in the vibraphone because of the marimba's limited

"A lot of the music I want to play requires three octaves," he said.

**Countless hours** After purchasing a set of plans on line from "some guy in Australia" and assembling the materials, Hynek spent countless hours, spanning more than a year, painstakingly crafting the vibraphone in his workshop,

He cut the 37 half-inch thick aluminum bars to length, then, using a table saw, roughed out the arch shape that must be cut into the underside of each bar to lower the pitch and give the instrument a mellow sound.

· He finished the arches with a belt sander and "a 'lot of hand sanding," continually checking the tone of each as he worked.

' A length of parachute runs through holes drilled width-wise through each end of the bars and attaches to a spring, holding them suspended above the frame

and allowing them to vibrate when struck.

The resonators, made of graduated lengths of PVC pipe, are mounted vertically beneath the bars. A damper mechanism is operated by a foot pedal and lets Hynek stop, or damp, the notes, or allow them to ring freely.

Locally sourced materials

Hynek said many of the materials in the instrument were purchased lo-

Some of the PVC pipe that he used to make the resonators came from **Brooks Brothers in Bethel** and some from Longley's Hardware in Norway, before it closed its doors late last year.

Mahoosuc Community Band member Paul Beaton of Woodstock provided rough cherry boards, which Hynek planed and sanded to build the instrument's frame.

The butterfly valves, or fans, at the top of each resonator are made from lightweight aluminum circles he cut from beer cans, crimped, and shaped to fit over the shaft.

The vibraphone, which weighs approximately 80 pounds, comes apart to travel, and can fit into the back of Hynek's Subaru

for transport to rehearsals

and concerts. About the band Founded in 1994, the Mahoosue Community Band performs in concerts, parades, and special events in Bethel and surrounding communities. In addition to Monday's spring concert, the band will play for the Mollyockett Day parade and will perform a summer concert on August 1,

Under the directorship of Patricia Boyle-Wight, the band rehearses on Monday evenings from 7 - 8:45 p.m. They welcome new members and invite students to join them in the summer.

band's funding The comes from donations, advertising in concert programs, parade fees, and the Buy-a-Song program, in which an individual may purchase an arrangement for the band to play.

The Mahoosuc Community Band's annual spring concert will be held on Monday, May 9 at 7 p.m. at the West Parish Congregational Church in Bethel, with refreshments following the performance.

Donations at the door will help the band continue to provide music to the community.

#### Wind

Continued from page 1

torial election.

O'Brien said any Albany residents interested in signing the petition may con-

tact him at robrien@bbns.org. SUBSTANTIVE REVIEW PROVISION

The new law also allows for people to request a "substantive review" of a petition after it has been submitted. Such a request must be made within 45 days of the LUPC posting notice of receipt of the petition on its website.

"In conducting substantive review of a petition, the Commission will provide an opportunity for public comment and hold a public hearing if requested by five or more individuals, and consider whether the statutory criteria for removal are met," the website said. "If a valid petition is submitted and substantive review is not requested, the specified place automatically will be removed from the expedited permitting area."

If a review is requested the commission would then consider the evidence and decide if criteria have been satisfied for removal. The review would be based on the location's general characteristics and

the general nature of wind power development and its effects, and also be done in the context of progress toward the state's wind energy goals, according to

the website. The law also provides a petition process for adding a place that has been removed from the fast-track wind zone following a substantive review back into the zone, or for rezoning an area that has been re-

moved, to allow development. Proponents of wind power have expressed concern that the new law might discourage wind developers from considering projects.

According to the LUPC website, a written request was received for a substantive review of the Milton petition. The status of the Mason petition is "rule change pending," meaning no review requests were received and the LUPC is processing final rulemaking documentatìon.

For more information on the processes go to http://www.maine.gov/dacf/lupc/ projects/wind\_expedited\_area/wind\_expedited.shtml.

## From the State House

By Rep. Fran Head

Now that the 127th Maine State Legislature has finally adjourned, I wanted to make sure that the readers of the Bethel Citizen were well aware of the recent accomplishments of the Second Regular Session of the 127th Maine State Legislature. While there were many tough votes this session, I always appreciated hearing directly from my constituents, after all, it is through your input that I can best represent the extraordinary people who call western Maine "home." Here are some highlights which you may find to be of interest (and for the record, I supported each and every one of these

HONORING MAINE'S VETERANS

LD 1612: "An Act To Implement the Recommendations of the Commission To Strengthen and Align the Services Provided to Maine's Veterans Regarding Enhancements to the Bureau of Maine Veterans' Services" I was proud to support tuition waivers for Maine National Guard members who choose to attend a school in the University of Maine system, Maine Community College System, or Maine Maritime Academy. This bill also promotes permanent and stable housing for homeless veterans,

ENACTING REAL WELFARE REFORM

LD 1097: "An Act To Improve the Integrity of Maine's Welfare Programs" After years of fighting for substantive welfare reform this bill implements significant changes to the Temporary Assistance for needy Families program, allowing for greater accountability. The Department of Health and Human Services will now prohibit the use of expenditures on tobacco products, liquor and lottery tickets.

PROMOTING BUSINESS ATTRACTION AND RETENTION

LD 1583 "An Act To Provide for Tax Conformity and Funding Methods" Maine will now conform fully to federal tax laws after the recent passage of the PATH Act (Protecting Americans from Tax Hikes Act.) The deal also keeps the Maine Capital Investment Credit in place. These changes encourage businesses to invest and grow in our state which is vital to improving our business climate and bringing good paying jobs to Maine.

ADDRESSING MAINE'S DRUG CRISIS

LD 1537; "An Act To Combat Drug Addiction through Enforcement, Prevention, Treatment and Recovery" I voted in support of funding 10 new positions for drug investigators in the Maine Drug Enforcement Agency, who will work against out of state drug traffickers.

SECURING FUNDS FOR EDUCATION

LD 1641 "An Act To Establish a Commission To Reform Public Education Funding and Improve Student Performance in Maine..." I voted to allocate an additional \$15 million for school funding, which is on top of the \$83 million increase from the biennial budget. We will also launch a Blue Ribbon Commission to Reform Public Education and Improve Student Performance in Maine.

INVESTING IN PUBLIC SAFETY LD 1523: "Resolve, To Provide Wage Parity for Supervisors of Law Enforcement Personnel" This bill will provide pay increases for Maine State Troopers, Maine Game Wardens and Maine Marine Patrol.

SAFEGUARDING OUR TAX PAYER DOLLARS

In order to building Maine's rainy day fund, I advocated to direct an additional \$65 million dollars to the Budget Stabilization Fund, bringing our total to almost \$200 million. Increasing our reserve funds will prove to be financially responsible for years to come. This is one of the most important things we can do in order to upgrade our bond rating.

Best wishes for Summer 2016!



Scott Hynek describes how he used aluminum bar stock, PVC pipe, and locally sourced cherry lumber to build his vibraphone. A. Wight Chapman

#### JUNK CARS WANTED

Cash Paid Free Removal

Call Gaudreau's Repair 824-2807



(207) 836-2255











Bethel



**NAPA Auto Parts** Store coming to Mayville

the river in what is now

the Norseman Inn owned

this farm until he died at

age 90 in 1890. As a young

man he settled on an even

older Swan family farm

established before the 1781

Indian Raid. So today we

are looking at a farm rep-

resenting over 230 years

of local history. Ayers Ma-

son was a notable farm-

er and "engaged in lum-

bering in Bethel, Newry,

Grafton and around Um-

bagog." Ayers Mason's

decedents were noted in the 1931 Citizen Special

Edition: Herman Mason

(1894-1961), a direct de-

scendant of Ayers Mason,

was highlighted as one of

the town's prominent cit-

izens. The Mason home-

stead also had land mark

status due to its location

at the junction of the main

road coming from South

Paris or Portland (the old

Route 26) followed today's

Sunset Road to a junction

with Intervale Road, Stop,

turn left for Bethel village

or New Hampshire or turn

right for Middle Interval,

Bethel's first "center of government." The Mason farm had become a well-

**Maine Passive House** 

Just down the road from

**Looks Impressive** 

the Shepley Farm, the

Maine Passive House

group working on con-

structing another passive

house just off Intervale

Road has done quite a job.

My last visit was in early

December when only the

foundation was in. Now

there are two stories plus

a loft facing excellent so-

lar exposure overlooking

the Androscoggin. It is

quite a sight to see. What

impressed me and has im-

pressed the crew working

on the house are the win-

dows. These windows are

what you could call super-

duper ones - made in Ger-

many, capable of opening

in different ways but made

to keep the house cool or

warm depending on the

season. The new owner is

a Massachusetts resident.

New Bus Service

May 1980 - Bethel Has

May 15, 1980 Citizen Oxford Hills Transit Inc.,

operating out of Norway, is now providing daily

bus service between Beth-

el and Lewiston and Port-

land: Monday through Sat-

urday the bus leaves Beth-

el for Lewiston at 7:30 a.m.

and 3:25 p.m. with return trips leaving Lewiston at

The Portland route is via

Norway and Bridgton and

leaves Bethel at 10:15 a.m.

and 6 p.m. with stops in

Portland at Trail ways and

Greyhound Stations, the

Jet Port and Maine Mall.

Returns from Portland

8:45 a.m. and 4:40 p.m.

known reference point.

Wednes. day evening April 27, the Bethel Planning Board re-

ceived a presentation of a plan for a 7,000 square foot (100 foot front and 70 feet deep) NAPA store in the recently purchased lot between Sport Thoma and the Bear Crossing properties. As a property abutter I got an invitation to sit in on the presentation. Presenters were the Main-Land Development Consultants, B&B Property Management, LLC and a representative of the building contractor. The new building will share the Sport Thoma entrance drive from Route 2.

The inside layout will be three parts: something similar to the Rite Aid store. Entrance is from the front left corner, to the right will be the front desk, office spaces and restrooms, the left portion of the large floor space with be aisles for retail customers and the right side of the building will be a two story auto parts "library' layout. Stairs will connect the two levels.

Discussion during this initial run through of the plan was about would, or could, the propane tanks and trash dumpsters be kept out of sight from passing traffic and about the drainage/septic plan. Presenters were also asked about the flat roof and could it be changed to a gable roof.

Later I looked up Google Earth photos of the NAPA stores in Topsham and Fryeburg. Both of these stores are in gable roofed buildings. The Fryeburg looks to be a two story building.

The land where the new store is planned was the location of the Glines' Red Rooster motel later owned by Paul Carter. The buildings and the Glines' house were moved away. My grandparents owned the property and large set of farm buildings there un-til they were lost in a fire in 1936. Later, my parents sold this lot and the Bear Crossing lot to the Glines about 1950.

Finally, the interesting part about the lot's history is Mayville's first gas station was located here. Elmer Bennett, my father's older brother, had two Tydol gas pumps in front of the main house in the 1930s until the house burned in 1936.

Barn Improvement at the Shepley Farm

This week the Quality Home Builders Company of Bethel and other subcontractors have been working on a new concrete

foundation for the properarrive in Bethel at 3:16 and 10:56 p.m. The Sunty's barn. What makes this day schedule calls for one job important is it is pre-Lewiston and one Portserving the barn and the homestead's long place in land trip each. Bethel history. Ayers Mason who was born across

The Bethel bus stop is in front of Prim's Pharmacy. Drivers are Kerry Pease and Paul Lowe, both of

I don't remember how long this service ran but it was discontinued due to lack of passenger use.

Bethel

By NANCY BROWN



Last week, after my of song praise for the warm weath. winter

fought back and brought three inches of snow on Tuesday, April 26. It was only the 15th time since the National Weather Service started keeping track in 1871 that recordable snow had fallen after April 26 in Maine, The snow was gone within a day. Despite the snow and early morning frost for the last week, wild flowers continue to blossom: dandelions, wild strawberries, gill over the ground and violets. Along Route 2 and Martin's Road the bloodroot is in bloom, Our lilacs at the house here in Bethel usually blossom around May 23. I noticed that the lilac bushes near Route 26 in Oxford

already have buds, May 2-8 is Children's Book Week, It's an annual celebration of children's books and the joy of reading. Children's Book Week was the result of Franklin K. Matthiews' belief that children's books and literacy are life-changers. In 1913, Matthiews, the librarian of the Boy Scouts of America, toured the country to promote higher standards in children's books. He proposed creating a Children's Book Week, which would be supported and promoted by teachers, librarians, booksellers, and publishers. Children's Book Week was established in 1919, and it's now the longestrunning literacy program in the United States. Evevents are held at schools, libraries, and bookstores.

ery year commemorative If there's no event near you, you can still participate: read to a child, buy a book for a child, or visit your local library and ask how you can help the library reach more chil-

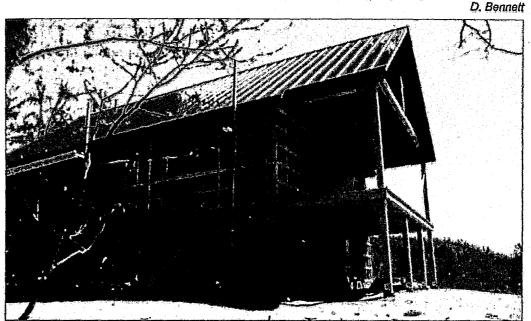
This week (May 1-7) is also Be Kind to Animals Week. Spend some extra time with your animals, give them a special treat. If you don't have animals, show your compassion by donating to a group that cares and protects them. Studies show that caring for animals not only makes their lives better.



The Shepley Farm in Bethel is getting a new barn foundation. (See Bethel Bennett



Interior view of a new Maine Passive House and its extra high quality windows,



Exterior view of new house situated off intervale Road.

D. Bennett

A state of the sta



by Sharon Bouchard

From the TWISI archives: As we approach Mother's Day I find myself frequently thinking about my own Mother. Actually, to be more precise, I find myself thinking about my mother's ghost.

She had said on more than one occasion that if I didn't heed her words of wisdom someday after she was gone she would come back and haunt me. My mother passed away all most 10 years ago and I'm pretty sure she's back. In fact, I think she has been back haunting me for

quite some time. It's not a scary haunting though I do find it a bit disconcerting at time. Sometimes I find it comforting and sometimes I find it down right annoying.

The other night as I was going from the kitchen to the living room with plans on relaxing and watching a little inane television, I was stopped cold in my tracks by her voice. I didn't actually hear her out loud, but "Shut the light off if you're not going to be in the kitchen." Was quite loud and clear in my

mind. My mother never ever left a light on in a room if she wasn't coming back into it right away. Throughout my childhood we had an ongoing battle over the lights. I'm sure that I was a bit careless about such things, but my mother was absolutely vigilant about shutting them off.

I can't tell you how many times I would leave a room to get something in another, only to return and discover that my mother had rushed in and turned the light off.

So you can imagine my unease at hearing her after all these years telling me to turn the light off. Even more unsettling was the fact that I did as I was

One of her favorite hauntings is in the form of

Jingle Bells. I know, that sounds a bit silly, but I'll explain. When cleaning my mother's cupboards after her death I came across a Christmas cup that had a music chip glued to the bottom. When you picked the cup up it would play Jingle Bells and stop when the cup was put back down. I collect Christmas re-

lated items so I claimed the cup and packed it away. When I moved into my present house the box with the cup and several other items was left on the front porch. Several weeks went by with the box completely forgotten until one night I was awoken by the distant sound of Jingle Bells.

I can tell you that it was quite eerie to hear that tinny sound in the middle

I think she has been back haunting me for quite some time.

of the night. I followed the noise until I discovered that it was coming from the forgotten box. I figured the load probably shifted setting the cup off, but joked about it being my mother's ghost wanting to come in from the cold. So I brought the cup inside, washed it and placed it in my cup cupboard.

It wasn't too long after the cup took up occupancy in my cupboard before we started hearing Jingle Bells for no reason at all. The cup was not being used, it was just sitting there on a shelf. I would open the cupboard door and the music would stop. It would be quiet for weeks at a time then it would start in again and once again I'd open the door and it would stop.

The family would joke about it being my mother's way of saying she was close at hand and wanted to be let out of the cupboard. That was all well and good until I couldn't stand that tinny sound of Jingle Bells any more and pried the darn music chip off the cup. I couldn't however, bring myself to throw it away so I placed it in one of my many kitchen drawers.

But it didn't end there. My mother obviously wanted to be heard and every time I opened that drawer I would be met with Jingle Bells. I'd close the drawer and the music stopped.

I'd put up with that for a while and then move it to a different drawer. To this day, no matter what drawer I put it in, it still plays Jingle Bells for no apparent reason, even after all these years. One would think it would eventually run down. I won't throw it away though because it has become so symbolic of my mother that I like having it around. And, what if it really is her ghost?

I do hear her telling me other things besides Jingle Bells and "Shut the light off," "Bad things come in threes," and "If you sing before breakfast you'll cry before supper," curse through my head when I least expect them. Those were some of her favorite expressions.

This Sunday is Mother's Day and if you are lucky enough to still have your mother in your life, make sure you wish her a happy day and tell her you love her. If you can be with her on this day I recommend that you do so.

My mother is gone now, but the way I see it, if I open the drawer with the music chip I will feel like my mother is very close and I will shut the light off and sing Jingle Bells as my way of saying Happy Mother's Day.



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but enriches our lives, too. In fact, people who care for animals, live longer, healthier lives.

If you have news to share, please e-mail me at brownnancy1950@gmail.com.

#### West Bethel



rain the steadily drums on my roof. steel Plinkety, plinkety,

plop a marching band of water-drops shatters the stillness. Nature's critters entertain at the birdfeeder with a garland of goldfinches tweeting and dashing between their lilac perches and their giant coniferous hideouts. With a boisterous blat from my window, two noisy squirrels were jolted from their plot attempting a launch from the house to the feeder, Mr. and Mrs. Cardinal made frequent visits throughout the day with one last hurrah at dusk. They seem bullish with the smaller birds but gave way to a little woodpecker on a number of occasions.

Thursday Rick and Ellen Whitney, accompanied by Cathryn Lovejoy, rode to Waterville to attend Danny Whitney's baseball games, Danny is a senior and pitches for the Husson Eagles. Thursday was a double header against the Thomas College Terriers and Husson won both games. Cathryn explained how bitterly cold the conditions were and how Rick and Ellen fashioned a sleeping bag into a chair for Cathryn to stay cozy and warm. As she described her mummifiedself standing for the National Anthem, Catheryn chuckled and said it required two people to lift the human cocoon from the nest. Friday Cathryn drove to West Paris and picked up cousin Mason Noyes to attend a memorial services for Ellen Stropher in Mechanic Falls. With Dorothy and Ray West and daughter Becky attending the Saturday baseball game in Bangor, the family had a small reunion with the Whitneys and Cathryn. Two double headers in two days with Husson winning 3 of the 4 games made for an exciting weekend and wonderful outing staying at Day's

· Carlo Manager

I am now happily employed in the Adult Education office at Telstar.

Stop in a sign up for an enrichment class or college course. Summer classes start soon.

May your week be blessed with good works and happy people.

Contact me on Facebook, at paulkmarie@gmail. com or 836-2266.

#### East Bethel



it Here another is, rainy, dreary af-Monday ternoon. Yet at the same time one can

almost watch things gradually turning greener by the minute. Hopefully this rain will also ease the fire danger for the time being. Bettyann and Sonny Hastings celebrated their 56th Anniversary on April 30. Happy belated anniversary from the whole neighborhood.

Sunday is Mother's Day

and I would like to ask you to share your most memorable one in regard to what you did special for your Mom, yet didn't turn out the way you intended. Let me share an epic "fail" from my youth. When I was little my parents had an asparagus field. In Germany the white asparagus is the preferred kind and to this day considered a delicacy. During the growing season from mid to late April till first week of June, it needs to be harvested at least twice a day (early morning and late afternoon). One year my sister and I wanted to surprise my Mom on Mother's Day and got up extra early to do the morning harvest for her. Upon coming home my Mom was in tears, saying" Thank God you are home, don't you ever do that again!!" Unbeknownst to us during the night a mass murderer had escaped from a nearby prison, roaming the woods near our asparagus field. You can verify the details: his name was Heinrich Pommerenke, escaped from the prison in Bruchsal and the forest is called Hardtwald. I never ever forgot that one and afterward breakfast and flowers were the norm. Call me at 507-1008 or e-mail heinrichcracker@gmail.

com with your story. Now on to the new Trivia question: In 1946 who lived in the Brick End House, Middle Intervale,

for the summer? Happy Mother's Day. Andover



Delegates and attendees at the recent Republican State Convention in Bangor

which occurred on April 21 and 22 included Paula Smith, Peggy Madigan, Donna Libby, Brenda and Lance Stickney. The annual Birthday

Supper at the First Congregational Church took place on Saturday. Decorating tables was a big discussion at a local eatery. Seems some were planned way ahead and others suffered the last minute rush problem. One person even said they had a plan for next year already!!! That's dedication to this long standing event. The First Annual Fiddle-

head Festival will take place this coming Saturday, May 7. Activities include a parade at 10 a.m. Events of the day will be kicked off at a Pancake Breakfast at Mills Market beginning at 6 a.ma. There will be vendors selling hand crafted items, a softball game, lawn trac-tor racing and music on the bandstand from 4 to 6 p.m. Following that, journey over to the CEB dining room to support the benefit supper for Ruby Kulpa, Menu is spaghetti and meatballs,

Speaking of suppers the Roxbury ATV Riders Club is hosting a ham dinner at the clubhouse with 2 sittings at 4 p.m. and 6 p.m. on May 14. Cost is \$6 per person. A great price for a meal and a chance to support a local organization that does a lot of charity work for the community as well as maintaining trails for ATV riders.

The community concerts on the bandstand will begin on Friday, June 3 thanks to the efforts of Pete Coolidge and friends and Ross Swain. Bring your lawn chairs and bug spray. Arrangements have been made to have the First Congregational Church as a back-up site in case of inclement weather. Further details on the concerts will be forthcoming as I only have partial information at this point.

The Upton Union Church will begin summer services on Memorial Day weekend with the first service on Sunday, May 29 at Memorial Day weekend

is always a busy one here

in Andover with the Annual Alumni Banquet taking place on Saturday, the 28. The banquet is being moved back to the Town Hall where it was held for many years. This will end the necessity of hauling tables from the Town Hall to the school cafeteria. The Knights of Pythias are already planning for our annual Memorial Day Observance on the common at 9 a.m. on Monday the 30th. Interesting to note that this year Memorial Day falls on the original date, May 30.

You all be "glad" to know that the black flies are in Bridgton and heading this way as I discovered on Sunday morning while being attacked by a swarm as I got out of my car. Not my favorite time of year and no one else's either according to remarks I've heard.

Maine DOT has announced that the Lovejoy Covered Bridge will be closed to both vehicle and foot traffic from May 9 to May 23 while the bridge is being re-roofed. There will be detour signs to re-route traffic.

#### Mason

By RICHARD GROVER



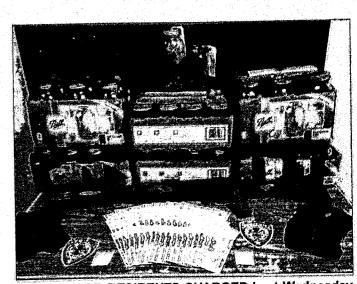
think my body is beginning reveal to aging my process. It starts with

a sleepy feeling coming on at the most inconvenient times, For example, last Sunday at church, I was feeling sleepy even during the communion service. The speaker's voice sort of droned on, and the piano accompaniment was really soothing, so soothing that after receiving the tiny cup of juice, which I was holding with the fingers of the left hand between my knees, I suddenly heard a thump, as the juice glass hit the floor between my feet! Startled, quickly picked up the glass in time to join the

Oops! During rain on Monday morning, I was trying to cheer up Harper, who was a bit grumpy, I think because she wasn't feeling well. I was marching with her doll baby with her following closely behind. When I reversed direction, Harper would march with her exaggerated high stepping strut ahead of me. On one pass through

congregation in drinking

the "blood of the savior.'



**GREENWOOD RESIDENTS CHARGED-Last Wednesday** evening Oxford County Sheriff's Office Detectives, MDEA agents and officers from the Mexico and Skowhegan Police Departments responded to Howe Hill Road in Greenwood to execute a search warrant resulting from a forgery investigation conducted by Mexico and Skowhegan PDs, according to a press release. Stefan McIntyre, 26, and Chani Greiner, 31, were located and arrested at their residence in Greenwood on forgery charges. While at the residence additional items were discovered to include: counterfeit money, approximately 15 pounds of processed and packaged mari-Juana, approximately 2-3 grams of cocaine, \$4,177 cash and an SKS semi-automatic rifle. Members of Oxford County CID applied for and obtained a second warrant for the Illegal items. Investigation by the Oxford County Sheriff's Office and MDEA were continuing and additional charges were pending, the release said.

#### From the

#### **OCSD Patrol Log**

Monday, April 25

At 10:29 a.m. Deputy Mike Fitzmorris received a report of the theft of construction and building equipment from a job site in Bethel. An investigation was ongoing.

At 6:46 p.m. Cpl. George Cayer responded to a report of an intoxicated subject on Route 5 in Andover. The subject was located and found to be in violation of probation.

#### Tuesday, April 26

At 11:28 a.m. Deputy Derek MacDonald responded to Mayville Road and Parkway for a personal injury accident.

At 1:02 p.m. Deputy Matt McDonnell responded to Newry for a residential burglar alarm. Entry had been made through an unlocked door and items were ctolen. The case was under investigation.

At 4:05 p.m. Deputy Steve Witham responded to South Main Street in Andover for a subject who had stolen beer from a store, then upon arrest for a probation violation became combative with deputies. The subject was taken to jail.

#### Wednesday, April 27

At 11:52 a.m. Sgt. Tim Ontengco and Deputy Derek MacDonald assisted SAD 44 in Bethel with an evacuation and reunification drill.

#### Thursday, April 28

At 2:17 p.m. Deputy Mike Fitznorris responded to Railroad Street in Bethel for a report of a subject believed to be using drugs. There was no contact.

the sun room, she stepped. on the edge of the shallow plant pot dish, upsetting it and spreading my tiny tomato and pepper seed-

lings all over the floor! It took me a half hour to fill some of last year's Memorial Day geranium pots with dirt and the tiny to-

## **NEED CASH?**

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## **PUBLIC HEARING**

Pursuant to Title 28 MRSA 252 a notice is hereby given that a Public Hearing will be held on May 9, 2016 at the Bethel Town Office to consider a Liquor License enewal for S.S. Milton located at 43 Main St., Public comment will be neard at that time. Prior to the hearing date written comment may be issued to the Bethel Town Office or email at

> Christen Mason Town Clerk

## Halls Pond Gardens

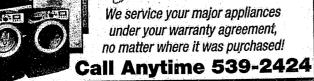
PLANT NURSERY AND DISPLAY GARDENS

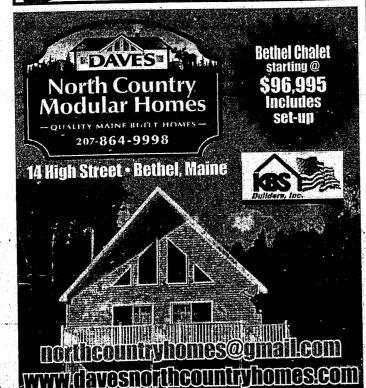
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April 26, 2016

Dear Water Customer:

To comply with Federal and State Drinking Water Regulations, the Bethel Water District will be inspecting and testing the backflow prevention devices at your property. This testing is authorized by the Maine State Internal Plumbing Code and the State of Maine Cross Connection Rules Chapter 226 under 22 M.R.S.A. 42(1), 42(3), 2612(2) AND 2612(5). According to these rules, backflow prevention devices must be tested annually.

New England Backflow Inc. has been contracted by the Bethel Water District to perform these tests and inspections of these backflow prevention devices. They are the official backflow testing company for the Bethel Water District. This testing program now puts the town in compliance with the regulations and ensures that the water system is appropriately protected from backflow and cross-connections.

Testing will be done May 23rd and 24th 2016. The water will have to be shut off for approximately 10 minutes during the test. You will be contacted by New England Backflow, Inc. to arrange for a date and time to perform the test at your location. The cost of the testing will be borne by the customer. The charges will be on the next quarterly billing cycle after the testing. Should the device installed at your property not pass the test, you will be advised to have the device repaired or replaced at your cost. This can be done by anyone who is competent and qualified to complete the repair. New England Backflow, Inc. also has experience in the repair of devices and can provide you with a quotation to repair or replace the device. The choice is yours. Regardless whom you engage to perform the repair, it must be re-tested by the New England Backflow, Inc. as the city's

Backflow prevention devices are an important component of water systems throughout the country. These devices prevent potentially contaminated substances from backflowing into the drinking water system. There have been instances throughout the country where water distribution systems have been contaminated and people have been harmed.

Thank-you for your attention to this matter. Should you have any general questions you may call the Bethel Water District at 207-824-2342. For questions of a technical nature or to schedule an appointment for the test, please contact New England Backflow, Inc. at 603-669-4004.

Thank-you for your cooperation in this matter.

Sincerely yours,

Lucien Roberge Superintendent

mato and pepper plants, I don't expect many of them to survive.

Ever the optimistic gardener. On Sunday afternoon I planted all my peas and a short row of beets. Seems like the weather has got to warm up soon. After all, it is the month of

#### Upton





My daughstarted planting her garden last weekend. I heard that one of my

sisters planted her peas several weeks ago. Neither of them lives in or near Upton. When I was leveling a pile of loam last Sunday, large chunks of still frozen dirt surfaced. I think I will wait a couple more weeks before I try to do any tilling or planting.

The Upton Planning Board reviewed and approved four building applications during their meeting Friday. I believe they approved a total of twelve in 2015.

The Upton Selectmen will not meet on the second Tuesday in May. The meeting will be the following week.

Please call 533-2010 or e-mail backstjoe@gmail. com with your local news.

#### Newrv



A reminder to new residents: there will be a public hearing on May 17 at 5 p.m. at the

Bear River Grange Hall. Topics to be discussed are: cemetery property swap, fire department ordinance change, and discussion of the status of Newry's withdrawal committee. There will be a selectboard meeting directly following the public hearing.

The date has been set for the first MSAD 44 costsharing committee. The meeting will be on May 19 at 6:30 p.m. at the Telstar Library. I hope our new representatives will push back against other town representatives that will try and shut down discussion, keep the status quo, and take away the ability for Newry to seek a more fair and equitable solu-

tion for funding the school district. It seems that the school board and area residents only think of Newry as a cash cow, that Newry somehow doesn't deserve its tax base, that Newry residents shouldn't have aspirations to improve our own town. We watch with amazement as other towns in the district have plenty of money for projects, infrastructure, and even frivolous projects. If Bethel and Newry have approximately the same valuation, how can it be that the percentage of the town's budget that goes to the school district is not the same? Newry pays about 70 percent of its budget to the school, where the other town portions are considerably less. A simple way to restructure the cost sharing is to have all the towns paying the same percentage out of their budget for the school.

The Newry withdrawal committee is having a meeting on May 10 at 5 p.m. at the Town Office.

Congratulations to Patrick Moore and Brandy Seames on the arrival of a baby boy, Thomas Patrick Moore. Also to Mike Field and Candice Hall, who also had a baby boy, Mac Michael Field, Keep up the good job. We need more kids in school to even things out!

#### Gilead

By LIN CHAPMAN



seems It nice to walk outside without having to wear jacket.

Most of the perennials are growing quite nicely. The irises are about 4 or 5 inches tall and the phlox and day lilies are catching up.

Steve brother, McLain, traveled to Bowdoinham with his daughter-in-law, Carole Mason last Friday. They took the horse trailer and picked up one of Carole's horses to bring back home.

Hugh and I made a trip to Portland last week. Before we headed back home, we stopped at Risbara's Greenhouse. Peter was out making a delivery, but Claudia was there. She was busy with a few customers checking out how the seedlings were doing because they were getting anxious to start work-

DISPATCHERS RECOGNIZED-Four Oxford County dispatchers recently received awards from Director Jim Miclon for outstanding work performance as a team during a recent high speed chase and subsequent fatal accident, according to Miclon. From left are Miclon, Dispatcher Candice M. Jack, Dispatcher Cheryl L. Cheever, Dispatcher

Tamara A. Bisbee, and Supervisor Melissa F. Adams.

ing in their gardens and mulch needed to be loaded

into a truck, Mary Tyler stopped by the house to drop off some ink cartridges that she had picked up for the Gilead Historical Society, She said she had some company the other day, Carl and Karen Caveney from New Hampshire delivered a bookcase for her to store all her genealogy notebooks on that she has been compiling. They stayed for lunch and a long visit,

#### Gilead Historical Society

Hugh and I (mostly Hugh) have been over to the buildings to start getting them ready to open up in a couple of weeks. This Saturday, May 7 will be our planning meeting for our June event, so will not be officially open. We are hoping for the next Satur-

Last week, we met with a sales rep from a company out of Portland to discuss our options of handi-cap accessibility for the schoolhouse. He was very helpful with ideas and will be getting back to the GHS with pricing.

Town Office ice I write my column on Sunday afternoon, I will have more information on my recent training next week. I am planning on attending the training for the new Accessible Voting System (AVS) on Monday, May 2 that will be held at the Bethel Town Office. The training is mandatory for Town Clerks since we will be overseeing the use

**CROSS STREET** 

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**Diagnostics** 

**Major Repairs** 

**Scan Tool** 

Minor &

of this new piece of equipment. It will be replacing the phone/fax machine system that has been in use for the past few years. Last Tuesday evening, the technician from the company that services the DS200 voting machine for the Elections Office was at the Town Office. He was doing updates to the machine. One of the updates

new AVS equipment. Got any news? Call 836-2987 or e-mail chapmal@ hotmail.com.

related to the new AVS

and will allow the DS200

to be compatible with the

#### Locke's Mills

By AMY WIGHT CHAPMAN Arnold Jordan spent



last weekend in Nashua, N.H. at the Northeast District Convention of

the Barbershop Harmony Society. Arnie's chorus, the Portland Downeasters, took first place in the annual competition, as well' as the prize for the most improved chorus. Congratulations! The Downeasters will

hold their annual concert on Saturday, May 14 at 7 p.m. at Yarmouth High School. Tickets will be available at the door, or you can contact Arnie to buy them ahead of time.

I had a nice talk with Blaine Mills at the Greenwood Historical Society on Saturday about some of the area's earliest lake-

side camps. I often think of our camp on North Pond in Woodstock, which was built in the mid-1950s, as a fairly old one, but I was surprised to learn that there are a few camps still standing on our local ponds that are more than 100 years old, and even a couple that were built in 1890.

Greenwood His-The torical Society has some wonderful photos in its collection of some of the old camps as they looked a century ago, as well as some mid-20th century photos of people enjoying themselves on our local ponds. We're thinking about a GHS program next year on our town's history as a summer destination both for "rusticators" who came "from away" and for the many local people who have enjoyed spending time at camps just a few miles from their yearround homes.

When I was growing up in Connecticut and spending summers on North Pond, it took us seven hours by car to get to camp, which we usually did about the day after school got out. My mother was an elementary school librarian, so she had the summers off, and except for an annual trip to Bangor to visit my grandfather for a few days, we stayed put at camp un-

til Labor Day weekend. As a child, it surprised me to learn that so many of our camp road neighbors lived so nearby - the Lambs in West Paris, the Andrews in Bryant Pond, and several other families in the Gorham, N.H., Rumford, or Bethel areas. They went back and forth between camp and home, sometimes every day, and often commuted to their jobs from camp.

In talking to Blaine, looking at some of the old photos at GHS, and reading Sandra Martin Morgan's wonderful reminiscences about her family's camp on Indian Pond on her blog (pasturetopavement.wordpress.com), I've realized that a great many of the area's early camps didn't belong to people from Connecticut, New Jersey, and Massachusetts, as I'd always thought.

Instead, they were built by local families who loved the simpler life on the ponds, who packed up their kids and moved two or three (or ten or 20) miles to camp, for the weekend,

or even for the summer. Now we're part of that contingent, going back and forth from camp to home just about every day, commuting to our jobs from camp, tending our gardens at home. Sometimes I make the three-mile trip on foot, or by kayak, motorboat, or bicycle. I walk on the camp road yearround, and feel fortunate to live so nearby,

I've discovered that when the calendar turns to May, and I start thinking that it's time to get down to camp, put the water line in, sweep out the cobwebs. and air out the bedding, it doesn't matter whether I live three miles away, or 300 miles. I'm always just as excited to get there as I was for every summer of

my childhood. Mother's Day is coming right up, and if the weather cooperates, I'll be doing all those things this weekend, while thinking about my own mom, who, in her 50 summers at camp, never stopped thinking how lucky she was to be there.

Happy Mother's Day to all the wonderful mothers, grandmothers, aunts, big sisters, and special friends out there!

#### Bryant Pond



Today, Thursday, May 5, is Woodstock-Greenwood Senior Citizens meeting A control of the second of the second

at the Locke Mills Church. Meeting starts at 11:30 followed by dinner at the church by the Ladies' Circle. I don't know what the program is. New members always welcome. Dues: \$2. Dinner: \$10 for non-members and \$8 for members.

Franklin Grange 124 will hold a Mock Hee-Haw Show on Saturday, May 7 at the Grange Hall at 7 p.m. Good music, refreshments on sale. Tickets: \$6/ adults, \$3/children 12 and under. Proceeds benefit Franklin Grange 124.

At the Whitman Memorial Library on Tuesday, May 17, Farmer Minor

## **Tax Preparation**

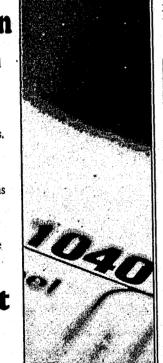
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Anyone interested in adopting a pet from RPC can visit the shelter at 9 Swallow Road in South Paris Tuesday-Sunday 12-4 p.m. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com.

For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.



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#### **West Paris Historical Society news**

We had a great opening meeting for April. The potluck dinner was the best, and snow birds were home and all looked wonderful.

Some decisions were made. We will work hard and sell money calendars for the month of June and draw the winners before our business meeting in July with brownies and ice cream for anyone who wishes to attend the drawing. It's always a fun night. It also was voted to have our annual hunter's family breakfast again, the hall open house alumni weekend, and a cleanup for the dining room and kitchen area Monday, May 9 and May 16 from 9 to 11 a.m.

Our next meeting is Monday, May 15 with a potluck at 6 p.m. with Sandra and Ken setting up. Our guest speakers are Natalie Parsons and Diane Pocvinen with a picture talk on their trip last year to Africa.

Bring a dish and come enjoy a fun evening. FMI call

each family member.

only 45,5 degrees.

their crops.

It's a very wet and rainy

day here today and it's

Am very glad for the rain

as it will sure cut down on

forest fires and brush fires

and help the soil for the

gardens and farmers with

Birthday wishes this

month are going out to

Larry Waterhouse, Con-

nie Titlas, Raynold McAl-

lister, Craig Moore, Max-

ine Libby, Kelly Wing,

Lolalee Dillingham, Mary

Jane Newell, Jeff Hadley,

Charlotte Landers, Gina

Poland, Mary Ann Brown,

Pam Mason, Jason Cannu-

li, Rick Henderson, Rick

Blaquiere, Ron Heath,

Lorri Wilson, Joe New-

bert, Perley Emery and

Anniversary wishes to

Hope and Eric Hoyt, Larry

and Elaine Wilday and

The wood haulers are

busy again now that the

posters have been taken

So glad to see that Cleo

Get well wishes are going

out to Dave Lane ,Caro-

and do enjoy each day.

Ryerson is home and feel-

James and Pam Mason.

down on posted roads.

ing much better.

Eric Parlin.

Betty at 674-2507.

program for Kindergar- thoughts and prayers to teners at 1 p.m. called "Pig Out for Reading," Parents and preschoolers are welcome to attend if they wish, On Thursday, May 19 at 2 p.m. is the program for adults, Finn Melanson will present a pro-gram for adults on "Rank Choice Voting." Public is welcome to attend at no charge, Light refreshments.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service and Bloom for girls 13 to 18. This Sunday, May 8, is Mother's Day. Invite your mother or someone else's mother to attend with you. Tuesday, May 10 is Ladies' Coffee Cup Devotions at 9 a.m. All ladies welcome. Saturday. May 14 is Men's Fellowship Breakfast at 7 a.m. All men welcome.

Judith Grover Tent 17 DUVCW will meet at the Grange Hall on Monday, May 9.

#### So. Woodstock



p.m.

families

By LOLALEE DILLINGHAM

line Dillingham, Richard Monday Wing, Marie Paradis, Glo-May 2, 2:30 ria Hadley, Juanita Ford, Peggy Roberts, Jackie Condo. Harmon and to all the othlences to the ers who are not feeling quite up to par. Roger Had-Well, that's all from the valley this week, stay well

ley, Bruce Perkins, Tony Hazelton, Lisa Earle and Mary Springer. Our

#### Mahoosuc Pathways Weekly Hiking Series Schedule

5/5- Bethel Historical Society Village Walk \* 5/12- Bethel Pathway

5/19- Step Falls

5/26- Maggie's Nature Park

6/2-The Roost

6/9- Albany Mtn.

6/16- Bucks Ledge

6/23- Round Mtn 6/30-Peabody Mtn

7/7-Mt. Will

7/14-The Eyebrow 7/21- Mt. Zircon

7/28- Rattlesnake Pool/White Cairn Trail

8/4- Rumford Whitecap 8/11- Streaked, Buckfield

8/18- Puzzle Mtn

8/25- Caribou Mtn. 9/1- Miles Notch to Red Rock Mtn.

9/10- Baldface 9/15- East Royce

9/22- Cabot and Ingalls, NH

9/29- Bald Mtn, Woodstock

10/6- Dryad Falls to Gentian Pond

Please check mahoosucpathways.org for more information as dates and times may be subject to change. \*Meet in front of the Bethel Historical Society

## Old Cemetery Assn. **Spring Program offered**

The Sweden Historical Society will host the Maine Old Cemetery Association (MOCA) 2016 Spring Program on Saturday, May 14, at the Sweden Town Hall, 144 Bridgton Road (Route 93), Sweden. The program is open to the public and everyone is welcome to attend.

MOCA has designated the week leading up to Memorial Day, May 22-28, as Maine Old Cemetery Week to promote its mission to preserve, maintain and study old cemeteries across the state. Exhibits of cemetery and history related projects will be on display during the program and members of the Sweden Historical Society will give presentations on the town's history and the importance of local cemeteries for conducting historical

Morning coffee, tea and snacks as well as lunch, featuring hearty soups, salad and desserts (vegetarian and gluten-free options available) will be provided by the Sweden Historical Society.

After lunch, SHS president Janet Mahannah will lead a tour through the Sanderson Cemetery on Plummer School Road in Sweden and will introduce visitors to its intriguing "residents," including some Civil War sol-

Registration for the program is \$3, paid at the door. Pre-reservations for lunch (\$7 payable at the door) are required by Monday, May 9 and can be made through the MOCA website: www.moca-me.org, by email to Debi Curry at rootslilla@gmail.com, subject line: LUNCH, or phone Janet Mahannah at 647-4520.

For more information, go to www.moca-me.org or www.swedenhistoricalsociety.org.

## **Albany South Project** open for public review

Assessment for the Albany South Integrated Resource Project proposed on the Androscoggin Ranger District of the White Mountain National Forest is now available for public review and comment. The environmental assessment and further information about this project is available online at www. fs.usda.gov/projects/ whitemountain/landmanagement/projects, the Androscoggin Ranger District, 300 Glen Road, Gorham, N.H. during normal business hours, and by contacting Pat Nasta at (207) 824-2813, e-mail pnasta@fs.fed.us. The document and maps describe the purpose and need for the project and public involvement thus far, five alternative project designs, and the predicted environmental consequences of each alternative. The Forest Service will accept public comments for 30

days, The project area encompasses 7,500 acres in Stoneham, Lovell, Albany Township and Mason Township in Oxford County. The proposed activities would improve wildlife habitat and provide sustainable forest products to local economies from timber harvest on up to 1,300 acres; improve watersheds by removing or replacing failed culverts and stabilizing 1,800 feet of old roads and trails; maintain fire-adapted oak and pine forests on Albany and Cecil Mountains using prescribed fire; and prevent resource damage by relocating campsites away from Great Brook and closing the Virginia Lake beach to overnight use. The Stoneham State

The Draft Environment Snowmobile Trail would be rerouted to ground to protect resources and improve the riding experience, and the network of forest roads would be configured for the minimal mileage needed for current and future access. Road work would include construction, reconstruction, and decommissioning segments across the project area, with a net loss of approximately one mile of unneeded road segments. Lastly, some forest fuels would be removed from areas adjacent to private land to create defensible space in the event of a wildfire.

This project is typical of other projects conducted to implement the White Mountain National Forest's Land and Resource Management Plan. Resource specialists use field surveys, scientific literature, data collected in the project area, and applicable laws, regulations, and policies to first design the project, and then determine the anticipated environmental consequences that may occur if the project is implemented. The analysis includes ongoing public involvement and has benefited from the efforts of concerned citizens and local organizations who have volunteered to collect data and share expertise. The Forest Service has also consulted with State of Maine agencies, tribal governments, and the U.S. Fish and Wildlife Service to ensure protection of natural communities, heritage resources, threatened and endangered species, and water and soil resources.

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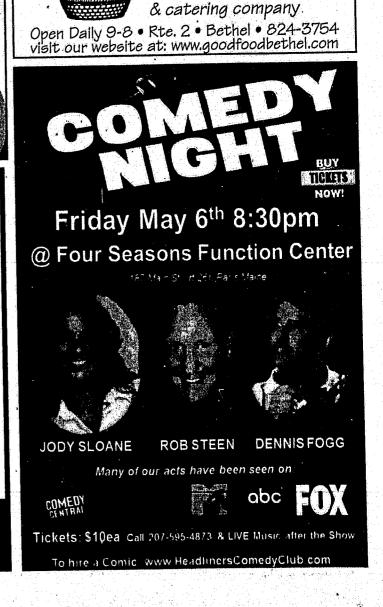
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AN OLD-FASHIONED SUPPER-An "Antiquarian Supper" took place at the Bethel Historical Society on the evening of April 28, continuing a local tradition begun in 1855. As in the past, many participants dressed in old-fashioned clothes, brought antiques to exhibit, shared stories of days gone by, and enjoyed a bountiful meal. In western Maine, the earliest examples of antiquarian suppers were held by the Bethel Farmer's Club under the guidance of one of Bethel's first town historian, Dr. Nathaniel Tuckerman True (1812-1887). During this year's program, Tom Davis presented a fascinating selection of musical hits from the '50s and '60s (1850s and 1860s, that is). In the foreground in uniform is Charlie Raymond. D. Nickerson

#### Sentiments for Mother's Day

piece, but wished to remain anonymous).

The past has a way of sneaking up on people; it can overwhelm you with joy, sadness, and even embarrassment. Recently I flew to Austin to see my chil-

dren and grandchildren and was struck by one of these moments. My flight was routed through Atlanta and oddly enough, in all my flights over the past few years I had not been to that area and had forgotten what those flights were

My flight had at least 10 young Marines who, having finished their post-boot camp leave, were reporting to their next level of training. Also there were six teens who, having joined the service, were now heading for their basic training. Although the same age as the young Marines, they appeared much younger.

I wished these boys good luck. I wanted to say more but felt that was about all they wanted to hear. Turning from them I saw another young Marine standing with his mother and a young girl.

That's when the past snuck up on me. I don't know why, but on the way by this mother I put my hand on her shoulder and simply looked at her. I wanted her to know I understood and she smiled at

(Note: a local resident, submitted this me in a way that let me know it was OK, plece, but wished to remain anonymous). Forty-eight years ago, I was that young soldier standing in Logan Airport fly ing out to my next assignment, serving in the Infantry in Vietnam. My mother, in the Infantry in Vietnam. My mother, who was riddled with cancer and in reality only had a short-time left, somehow found the strength and intestinal fortitude to get herself composed, dressed nicely, and drive to Bostom She was strong throughout the day and series to acknowledge the pain and suffering she must have endured both mentally and physically and physically and somewhat callous in that was thinking only about what fate might have in store for me did not understand that this incredible person knew that this was likely the last time she would ever see her son.

she would ever see her son. How do you do that? She did that be-

cause my welfare was far more important to her than all of the pain and suffering she endured.

I have over the last 48 years come to understand that a mother's love is like no other love you or I will ever experience. So to the mother of that young soldier in the past, the mother in the airport, and the mother of my sons I can only say, "Thank You," I understand.

## **Democrats Kick-off news**

The 2016 Oxford County Kick-off for the Oxford Hills area was held on April 27 and featured a sold out dinner at the First Congregational Church in South Paris, followed by a

program. The emphasis was on preparation for the Maine Democratic Convention in Portland on May 6 and 7, and on planning for the coming campaign season.

Congressional candidate Emily Cain was warmly greeted and offered remarks on her campaign to date, introducing her campaign staff, including campaign manager Corey Haskell, who spent her childhood years in South Paris, Grady Burns and Tucker Johnson of the local field team.

Mike Tipping, Bangor Daily News blogger and Maine Peoples Alliance Communication Director. spoke about the Minimum Wage ballot initiative and recent happenings in Maine politics.

Candidates in attendance were Senator John Patrick of Rumford, running for reelection, Rumford attorney Jennifer Kreckel, running for Judge of Probate, former Representative Sheryl Briggs of Mexico, running for the House in District 116. Sid Pew of Andover, running for the House in District 117, Cheryl Coffman, Buckfield selectman, running for House District 73, Mike Twitchell, Norway selectman, running for House District 71, former Representative Helen Rankin of Hiram, running for House District 70 and Walter Riseman of Harrison, running for House

Former legislators in attendance were Bob Duplessie of Andover, who represented Westbrook in the legislature, and served as Assistant Majority Leader, and Rosita Gagne Friel of Buckfield, who served in the House for many years.

Cathy Newell updated the group on plans for the convention, and for the early summer, and Committee Treasurer Don Berry announced the upcoming Annual Fund. The team from the church providing the excellent meal was roundly thanked.

For information on the **Oxford County Democrats** and to become involved, visit the website, www.oxforddems.org or the Facebook page https://www. facebook.com/Oxford-CountyDems/ or contact Cathy Newell at 875-2116.

## News and Upcoming classes at SAD 44 Adult Education

I cannot believe how fast this year has gone. May is here and we have just a few more spring classes left to go.

Our Learning Center has been busy with students working on academic goals. Instructor, Amy Chapman can help you prepare for you high school equivalency exams or entrance into college. We are open Tuesday, Wednesday and Thursday. Call the 824-2136 extension 1340 for times,

Last week we had a large group attend our Medicare 101 workshop with Instructor Al Daniels from Seniors Plus. We will offer this workshop a few time each year for those in the community seeking information on this complicated system.

Spring is a great time to learn a new skill or explore a new interest. MSAD 44 Adult & Community Education offers a variety of classes designed to enrich your life and expand your horizons. We have several new classes starting in May and

Hypnosis for Weight Loss: Learn the latest nutrition and exercise information to assist in releasing those unwanted pounds gently and easily. Instructor Tanya Quarterman will work with you using hypnotic and meditative techniques to enable your continued success. This workshop meets three times on Friday morning beginning on May 6.

Be Your Own Guru series: This series of workshops is designed and taught by Tanya Quarterman to help you develop and understand your psychic abilities. The first session was well attended.

This week's class will cover Divination Techniques (May 5), followed by Crystal Healing on May 12, and Dream Visions on May 19. You can sign up for one or all workshops.

Hunter Safety - Archery: There are still a few more spots open for this popular two-session workshop that begins on May 10.

Basic Digital Photography: We are thrilled to offer this three-night workshop with instructor Kristin Dacko. This is an introduction to digital photography for those looking to improve their skills with both point and shoot and DSLR cameras. Topics include basic camera functions, light use, portraiture, and landscapes, so bring your camera and join us starting on May 11.

A Tombon Bridge

Past Life Regression: By exploring your past, you can better understand your present. Instructor Tanya Quarterman will use hypnotic techniques to create a relaxed trance state and then guide you on a journey through time and place.

Living Gluten Free - Cooking Workshop: Join instructor Suzanne Dunham for the Saturday, June 4th, morning workshop. Learn how to use alternative flours and make tortillas that are gluten, egg, and dairy free.

More information about any of these classes can be found in the spring course brochure, by calling the Adult Education office at 824-2136, ext. 1340, or by visiting the website at sad44.maineadulted.org.

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#### Breastfeeding class offered at **Stephens**

The Family Birthplace at Stephens Memorial Hospital announces an upcoming Breastfeeding Class for new and experienced mothers. The class will be held on Wednesday, May 11, from 6:30 to 8:30 p.m. in the Harper Conference Center at the Ripley Medical Office Building (193 Main Street) in Norway.

Gail Martel, RN, ICBLC will lead the class, which will cover the facts of breastfeeding, and help to dispel the myths about it. You will learn skills for successful breastfeeding, as some infants are born knowing what to do and some need to be taught. Some mothers may take more naturally to breastfeeding while others require more support. This class will help make you aware of the support services available to breastfeeding mothers. To register please call the Family Birthplace at 743-1562 ext. 6951. There is a \$10 fee per couple. Pre-registration with payment is required.

#### Waterford Library sets May 10 for annual meeting

The Waterford Library Trustees have set May 10 as their annual meeting date. The meeting will begin at 7 p.m. with a talk by Librarian Heather Silva.

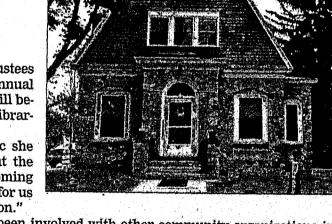
When asked about her topic she said, "I will be talking about the trend of libraries also becoming community centers and ideas for us to keep moving in that direction."

The Waterford Library has been involved with other community organizations in holding activities that brought out members of the community that might not think about going to the library until invited. The WL has worked with both the Waterford Elementary School and Waterford Congregational Church on various holiday activities, the latest being the Easter Egg hunt reported on last month.

The public is invited to come to the open part of the meeting starting at 7 to listen to Heather and ask questions following her talk. There will be refreshments served following Heather's talk.

A trustee business meeting will be held after the festivities. We will be choosing the Waterford Library Scholarship winner during that meeting along with solidifying summer program plans.

The Board of Trustees is seeking an additional member and interested people should try to attend the meeting to express their interest or leave their names at the desk in the library.



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Homeowners understandably envy the awardworthy photo spreads in lawn and garden magazines, wanting to emulate those same looks on their own properties. Scores of designers and landscape architects are involved in the process of creating those amazing lush lawns and perfectly placed plantings. Although not every homeowner has the budget to create lavish landscape designs, it's still possible for homeowners to create lawns they can be proud of.

Establish your budget. The first step in any project is to determine how much money you can devote to the job. Once you have established the budget, all other factors can be built around it.

Find an inspiration piece. Great landscapes are inspired by many things, whether it's a memorable piece of art or a landscape layout in a lawn and gardening magazine. Use photos of other gardens or neighbors' yards as inspiration and build off of them. As long as the theme is cohesive, it will look pleasing to the eve.

Consider the space and how you want to use it. Understanding the space will help you better allocate your budget. If your yard is more of a retreat, look for ways to create privacy and a vacation feel. If you have kids and entertaining friends is a main priority, focus on recreational aspects, such as a pool, playset and some durable plants. Understanding how to allocate your budget will help you to avoid spending money frivolously.

Think about reclaimed or repurposed materials. Brand new items can quickly eat up a budget. However, repurposing salvaged or inexpensive items can stretch that budget while adding some unique flair to a landscape. See if you can find an outdoor patio set that someone is giving away or selling for a lower price. All it takes is a coat of paint and some new cushions to make it look like new. Discarded bricks or stones can be worked into a patio space or used to create raised garden beds. Purchase inexpensive flower pots and then paint them to make them look like stone or another desired material.

Buy native plants. Native plants, shrubs, trees, and flowers will fare better than nonnative, exotic plants. That means you'll have to spend less time and money nurturing them into health, and less money having to replace plants that cannot withstand your climate.

Consider perennial plants. Perennials may cost more at the outset, but the savings will be realized in the years to come.

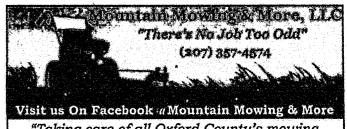
Hire a professional. It may seem counterintuitive to spend money on a landscaping professional when you've established a strict budget, but that's one way to save money. Landscape artists or garden designers have the experience to guide you in the right direction and help you avoid potentially costly mistakes.

Use gravel in spots where plants don't thrive. Gravel is an inexpensive landscaping material that can fill in voids where plants or ground cover simply do not flourish. Those working on limited budgets may be happy to learn gravel is typically less expensive than concrete or pavers.

Ask friends or family for clippings. Don't be shy about admiring the plantings of those you know. Flatter their good taste and ask if you can have some clippings to propagate yourself. These clippings can turn into lush plants in no time, with no additional spending required.

With some frugal spending, planning and budgeting, anyone can create a beautiful landscape.





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# Garden-inspired decor brightens spaces and mood

Many homeowners take up gardening to transform their homes with beautiful flowers and foliage, while others do so to yield fresh fruits and vegetables. But gardening can be more than just a weekend hobby. In fact, it may be especially beneficial for homeowners to surround themselves with more plants and natural decor, whether in the yard or in the home.

Studies have indicated that gardening can be good for the mind and body. In addition to improving mood and reducing stress, plant life and gardening also may help people have a more hopeful outlook on life. If reaping the benefit of a beautiful landscape is not reason enough to get into gardening, elevating your mood and coping with depression or illness may be even further motivation to start developing your green thumb.



Fire pits and outdoor fireplaces are increasingly popular in backyards.

Home-design trends seem to be following suit, offering individuals more opportunities to surround themselves with potentially therapeutic plants. Explore these emerging and established garden decor trends to try in and around your home.

Living wall planters: A living wall planter can add greenery to any decor without taking up floor or table space. Ideal for outdoor structures, these planters also can be used indoors if you safeguard against leaks and dripping. A living wall planter is a framed device that houses plants in a manner that enables them to be vertically mounted to a wall surface. While there are commercially available models, you can create your own design and paint or stain it to match the existing decor. Use a soil-free potting substrate to avoid the mess that regular soil may create.

Combining fish with gardening: Enjoy the best of two relaxing worlds by installing a water feature in your yard. Garden retailers offer ready-made kits that can make fast work of establishing a pond or other water feature in the backyard. Otherwise, there are plenty of water garden companies and installers who can suggest a design and put in your desired water features. Add fish suitable for outdoor life to your pond. These include koi and certain goldfish varieties. Game fish are discouraged because they can destroy pond plants. If an outdoor

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pond is more maintenance than you desire, consider an indoor aquarium with a combination of fish and live aquarium plants.

Creative furniture designs: Maybe you're a person who appreciates the unique and whimsical? Tables. benches and chairs can be built with planting channels that enable you to have greenery and garden decor in one piece. Envision a picnic table with a cutout down the center for a thin row of plants or decorative grasses. This is a project the entire family can get behind, as the more creative ideas the better.

Improved outdoor lighting: People who like to spend time in their gardens and yards may not want to be limited by sunrise and sunset. By incorporating different lighting sources, you can create a retreat that is welcoming at any hour. Although flood lights and overhead lights can illuminate a space, consider amblent and decorative lighting to create the desired ambiance.

Functional fire pits and places: A blazing fire creates a cozy spot to gather on chilly evenings, but fire pits and fireplaces also can be used as impromptu cooking spots for s'mores or frankfurters on a stick. You can purchase a stand-alone fire pit from any number of retailers or build your own with patio pavers and fire bricks to line the interior of the fire pit. Outdoor fireplaces require more work, and you want to hire a mason to ensure proper installation.

Enjoyable yard additions: While plants and seating may take center stage, some people still want to have fun in their yards. There's an increased demand for yard designs and decor that can put the fun in backyard living. Bocce courts, ring- or horseshoe-toss setups, as well as bean bag-toss boards, can be incorporated into landscape designs. giving you yet another reason to spend a few hours in the great outdoors, where you can experience a few healthy laughs in the process.

Gardening and spending time outdoors are great hobbies and may even boost your mood. Homeowners can explore the popular trends in garden decor and natural elements that they can enjoy inside and outside of their homes.

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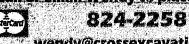
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# COMMUNITY CALENDAR

#### May 6, 7 and 8

4th Annual New England Mineral Conference; Grand Summit Resort Hotel and Conference Center, Sunday River, Newry. The conference includes lectures, mineral exhibits, mineral dealers, auctions and a Sunday field trip. Friday, May 6, is Education Day, including a Poster Confest, for students in grades 8-12. New this year is a Friday evening banquet sponsored by the Maine Mineral and Gem Museum in Bethel. On Friday, May 6, from 9 to 4, dealer rooms, mineral displays, and educational areas are free and open to the general public. FMI/Registration: www.nemineralconference. org and www.nemineraleducation.org.

Wildflower Celebration; McLaughlin Garden and Homestead. Perennials, wildflowers and lilacs on sale. Gift shop will be open. FMI; mclaughlingarden.org or 743-8820.

#### Friday, May 6

Hunt's Corner Cemetery Assn. Annual Meeting; 6:30 p.m. at Betty Gingras' home, 1240 Hunt's Corner Road, Albany, FMI; 393-7141.

Improv Comedy Night with the Teacher's Lounge Mafia; 7 p.m., Norway Memorial Library. Performing in the style of "Who's Line is it Anyway?" The group consists of Natalie Simmons, Kyla Wheeler, Jeff Bailey, Phillip Hobby and Dan Ryder. Free tickets will be required, available at the library. Doors will open at 6:30 p.m. FMI: 743-5309 ext. 1 or norlib@norway.lib.me.us.

#### Saturday, May 7

First Annual Fiddlehead Festival; Andover. Events of the day will be kicked off at a Pancake Breakfast at Mills Market beginning at 6 a.m. Parade at 10 a.m. There will be vendors selling hand crafted items, a softball game, lawn tractor racing and music on the bandstand from 4 to 6 p.m. Following that, a benefit supper for Ruby Kulpa at the CEB dining room. Menu is spaghetti and meatiballs.

Benefit Flap Jack Breakfast; 8 to 10 a.m., Applebee's, Oxford. \$10 per person, three pancakes, three pieces of bacon, coffee and orange juice. Proceeds to benefit Dennis Cyr who has Lyme Disease and is out of work. Only 300 tickets will be sold. FMI/Tickets: Visit Crazy Sisters in Bryant Pond or call Bert or Jackie at 744-0555 or April at 557-2849.

Bethel Green-Up Day; 9 a.m. to 12 p.m. Join the Bethel Conservation Commission to help clean up our public places. Gather at 9 a.m. at either Davis Park or Newt's Landing to pick up trash bags and choose specific areas to clean. At about 11:30, we'll return to Davis Park to see how much we've picked lup, take a group photo, partake of refreshments 'and celebrate a job well done. If you would rather clean another road or area, please tell Jessie Perkins at the Bethel Area Chamber of Commerce -1824-2282 or jessie@bethelmaine.com - so the Com-'mission can know that you are helping and where. 'The CC will provide safety vests, trash bags, water and Energy Cookies. You will need gloves, sturdy shoes, and clothing suitable for a sometimes dirty lactivity and the weather. Rain date May 14.

Hooker Family Farm Open House and OC-SWCD Plant and Tree Pick-up; 9 a.m. to 2 p.m., Hooker Family Farm, 195 Pleasant Street, Oxford. Check out the flowers, veggies, herbs, meats, felting and goat's milk soap and enjoy coffee and a treat while you pick up your OCSWCD plant and tree orders.

Old Fashioned Barn Dance; Mahoosuc Mountain Lodge, North Newry. Potluck supper (bring a dish to share) at 5:30, concert at 7 p.m. and dance at 8 p.m. with musicians Ellen, Molly and Edith Gawler. 50/50 raffle. Cost is \$10, ½ price for children under 16. FMI: 824-2073.

Mock Hee-Haw Show; 7 p.m., Franklin Grange 124, Bryant Pond. Good music, refreshments on sale. Tickets: \$6/adults, \$3/children 12 and under. Proceeds benefit Franklin Grange 124.

#### Monday, May 9

SAD 44 School Board meeting; 6:30 p.m. at Crescent Park Elementary School.

Bethel Selectmen's meeting; 7 p.m. at Bethel Town Office.

Public hearings on proposed Bethel sewer fees rate change and Sign Ordinance changes; 7 p.m. at Bethel Town Office.

Mahoosuc Community Band Spring Concert; 7 p.m., West Parish Congregational Church, Church Street, Bethel.

#### Tuesday, May 10

Telstar High School National Honor Society Annual Red Cross Blood Drive; 12 noon to 5 p.m., Telstar Gym. Anyone who is 17 or older can donate. Sixteen-year-olds can donate with signed parent/guardian consent as long as they meet the height and weight requirements. For more info or to schedule an appointment please talk to a Telstar National Honor Society member, call the THS Office at 207-824-2136, e-mail Sarah Southam, NHS Chapter advisor, at southams@sad44.org, go online to the Red Cross website redcrossblood.org or call 1-800-RED CROSS.

Supper Dance; 5 to 9:30 p.m., American Legion Hall, Locke's Mills. Menu: Baked ham, mashed potatoes, vegetables, rolls and assorted pies. Music by the Shadagee Ramblers. Supper and Dance \$12, Supper only \$7, Dance only \$5. Doors open at 4.

Oxford Republican Committee Meeting; 5:30 social hour followed by a ham dinner served by the Hannibal Hamlin Women's Club at 6 p.m. Presentation of the yearly Oxford County Republican Committee scholarship will be made to the 2016 winner. Updates will be given by elected legislators on current topics in the news. The guest speaker will be Ken Quinn, who is the State Director for the Convention of States Project in Maine. All Oxford County Republicans are welcome. FMI: Kwaitegop@gmail.com.

Waterford Library Trustees annual meeting; 7 p.m. The meeting will begin with a talk by Librarian Heather Silva on the trend of libraries also becoming community centers, and ideas to keep moving in that direction. The public is invited to the open part of the meeting. There will be refreshments served. A Trustee business meeting will follow. The board is seeking an additional member.

#### Wednesday, May 11

Bethel Senior Citizens Club Meeting/Potluck; 11 a.m. at the Bethel Methodist Church. This is a potluck meal. Members will bring a dish to share. A \$3 donation is requested for the church.

Crescent Park PTA Meeting; 6 p.m., Crescent Park School cafeteria. Come learn more about the proposed CPS playground and other PTA activities. The community is welcome.

NAMI FaithNet "Bridges of Hope" Free Presentation; 6 p.m., Rumford Point Congregational Church, Learn how to create stronger safety nets and welcoming communities of faith for people living with mental illness and their families. All are welcome, Refreshments provided. For more information: Dottie at 364-2197 or Christine at NAMI Maine 1-800-464-5767 or ccantybrooks@namimaine.org.

#### Thursday, May 12

Motorized trails and brook trout workshop; 6 p.m. at Mahoosuc Land Trust office in Bethel. The Androscoggin River Watershed Council (ARWC) will host the workshop to discuss how poorly maintained trails cause erosion which can impact streams, rivers and other water bodies that are home to native eastern brook trout. After a brief classroom session, at which sandwiches, drinks and snacks will be served, the workshop will move outdoors to a nearby erosion site where participants can brainstorm simple solutions.

#### Friday, May 13

NAMI Youth Mental Health First Aid Courses; 8 a.m. to 5 p.m., Region 9 Education Center, Mexico and Norway Town Office, Danforth Street, Norway. Free except for a \$5 lunch fee. Course results in a 3-year certification. This course is for anyone 16 or older that wants to learn how to help a person that may be experiencing a mental health related problem or crisis. FMI/Registration: www.namimaine.com.

#### Saturday, May 14

Maine Old Cemetery Assn. Spring Program; hosted by the Sweden Historical Society at Sweden Town Hall, 144 Bridgton Road (Route 93), Sweden. Open to the public. Morning coffee, tea and snacks as well as lunch, featuring hearty soups, salad and desserts (vegetarian and gluten-free options available) will be provided by the Sweden Historical Society. After lunch, SHS president Janet Mahannah will lead a tour through the Sanderson Cemetery. Registration for the program is \$3 paid at the door. Pre-reservations for lunch (\$7 payable at the door) are required by Monday, May 9 and can be made through the MOCA website: www.moca-me.org, by e-mail to Debi Curry at rootslilla@gmail.com, subject line: LUNCH, or phone Janet Mahannah at 647-4520. FMI: www.moca-me.org or www.swedenhistorical society.org.

Indoor Yard and Food Sale; 8 a.m. to noon, Locke Mills Union Church. Sponsored by the Ladies' Circle.

Indoor Yard Sale; 9 a.m. to 2 p.m., American Legion Post 72, Church Street, South Paris. Table reservations: \$10/yard sale items, \$15/crafters and vendors, contact Jean (743-7965). The lunch counter will be open and 50/50 tickets will be for sale. Come join the fun and help the Ladies' Auxiliary send three young girls to Girl State.

Inaugural May Day 5k; 10 a.m., Crescent Park School, Bethel. Hosted by Bethel Rotary. Proceeds benefit local programs for youth and families.

Oxford Hills Honey Bee Club's workshop; 1 p.m. at the Oxford County Extension Center, 9 Olson Road, South Paris. Weather permitting, lifetime bee keeper, Ken Record, will demonstrate how to do an even split. Do not forget your veils. Public welcome. FMI contact Chris at cpeaston@megalink.net or visit mainehoneybees.com.

Finn-Am Public Supper; 5 to 6 p.m., Finnish American Heritage building, 8 Maple Street, West Paris. The international buffet features dishes from around the world, in addition to delicious homemade desserts. Cost for adults is \$8 and children 12 and under can eat for \$4.

#### Sunday, May 15

Rescheduled Upton Ladies' Aid Mother's Day Breakfast; 8 a.m., Upton Ladies' Aid building.

Finn-Am Heritage Society Meeting; 2 p.m., Finnish American Heritage building, 8 Maple Street, West Paris. Following a short business meeting, Deanna Bonner-Ganter, former curator of photography at the Maine State Museum, will present a program on her recently published work, "Kosti Ruohamaa, Photographer Poet." The public is invited to attend and learn more of this talented man who worked for Walt Disney, had his photographs appear in national magazines, and was a friend of Andrew Wyeth.

Annual South Bethel Cemetery Assn. meeting; 2 p.m. at the home of Earl and Pat Hart, 706 Walkers Mills Road, Bethel. Anyone with a family member at South Bethel Cemetery is a member of the association and is welcome to attend. FMI: 875-5265.

#### Monday, May 16

Uptown Cruizahs Cruise Night; 6 to 8 p.m., Tractor Supply, Route 26, Oxford. Proceeds benefit local charities including the activity fund at the Maine Veterans' Home and Santa Visits Oxford. FMI: Les Wing (890-0870) or Dan Tripp (743-8073).

#### Tuesday, May 17

Public Hearing on Newry Ballot Question on Whether to Stop the School Withdrawal Process; 5 p.m., Bear River Grange Hall,

#### Wednesday, May 18

MLT "Into the Woods" Presentation; 7 p.m., Andover Elementary School. Brock Clukey will speak about his work with the Maine Warden Service.

#### Thursday, May 19

Ranked Choice Voting Program; 2 p.m., Whitman Memorial Library, Bryant Pond. Learn about our current voting system and the implications of adopting a ranked choice system here in Maine. See a sample ballot and experience how it works. Have your questions answered. The program is open to the public at no charge and light refreshments will be served.

AFCP Public Celebration; 5 to 7 p.m., Bethel Alliance Church, Walkers Mills Road, Bethel. A celebration of the Age-Friendly Community Project's success. FMI: Nancy Davis (nancydavis.bethel@gmail.com or 381-1110).

#### Saturday, May 21

Relay for Life, Flying Monkeys Team Yard Sale Fundraiser; 8 a.m. to 2 p.m. (location to be determined and updated). The team is looking for donations for the sale. Donations of household items, small furniture, kitchen items, books, tools, etc. are being sought from now until May 20. No large furniture of clothing please. Items can be dropped off at Bethel Kitchen's on Main St. Any questions please email flyingmonkeysrelay1@gmail.com

Annual Greenwood Town Meeting; 9 a.m., American Legion Post. 595 Gore Road, Greenwood.

Texas Hold'em Tournament; Jackson-Silver Post 69, American Legion, 595 Gore Road, Locke's Mills. Doors open at 11 a.m., games begin at noon. \$50 buy-in, \$5 license, high-hand option. Meals and beverages available. BYOB. FMI: Ray (890-3737).

American Legion Post 151 Community Dance; 8 to 11 p.m., West Paris Legion Hall, 9 Church Street. \$10 donation at door. BYOB. Music by Fat N Jacked. Refreshments on sale. Doors open at 7.

#### Sunday, May 22

Shadagee Ramblers to benefit SeniorsPlus Meals on Wheels Program; 2 to 5 p.m., American Legion Hall, 595 Gore Road, Locke's Mills. \$10 per person at the door, under 12 free. Live music, 50/50 raffle, pie auction, refreshments and more.

Reception and Fine Art Auction; 3 p.m. at the Matolcsy Art Center, 480 Main Street, Norway, by the Western Maine Art Group and Norway Downtown. The kick-off event for this year's festival, there will be a silent and a live auction. Works from the WMAG's collection and by current members will be auctioned by Terry Swett. All proceeds support the 2016 Norway Arts Festival July 8 and 9. Items to be auctioned include oil paintings by renowned local artists Duncan Slade, Vivian Akers, and Minnie Libby, and drawings by "Shavey" Noyes and pieces by current Western Maine Art Group artists will be auctioned. Refreshments will be served. FMI: norwayartsfestival.org.

#### Wednesday, May 25

Broadband Internet Public Information Meeting; 6 to 7:30 p.m., Telstar High School Lecture Hall. FMI: Nancy Davis (nancydavis.bethel@gmail.com or 381-1110).

#### May 27, 28, 29 and 30

Lilac Festival; McLaughlin Garden and Homestead. Garden tours, lilac-care workshops and more. \$5 admission. Perennials, wildflowers and lilacs on sale. Gift shop will be open. FMI: mclaughlingarden.org or 743-8820.

# 1122 CS4 (CS by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

ABCDEFGHIJKLMNOPQRSTUVWXYZ

XIZ DBO'U MFPQBSET QMBZ IJEF

BOE TFFL? CFDBVTF UIFZ BSF

BMXBZT TQPUUFE.

## Inscramble the letters within each rectangle to form four ordinary words. Then MIDAYS CLEET Start BINGE BLAMER "I see you finally understand the **TODAY'S WORD**

**Super** Crossword

**TAKEN AS** A HOLD

·	
ACROSS	48 Rival of
1 "Honor Thy	Sam's Club
Father'	53 In that case
author	54 Steroid
Gay —	user's
7 Lesley of	physique?
"60 Minutes"	58 Repair shop
12 Nasty online	guess:
argument	Abbr.
20 Heist halters	59 Routine
21 "Well, golly!"	task
22 Black, chewy	60 Has no
candy	entity
23 Put	61 Provide with
something	an ability
on one of	62 Oahu gift
the planets?	63 Some South

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36 Flood barrier 37 Cariou of 'Applause" 78 Lacking in 39 Rookies resonance 42 Hears about 80 High tennis (nickname 82 Swindle of baseball's 84 "Undercover David Ortiz) Boss" airer

fly-catching technique? 92 Spirited session? 93 "Ac-cent-- -ate the Positive" (1945 hit) 94 Bad way to finish a race 96 Major name

from a

fan who's

in insurance 99 Not masc. 101 Haunting 102 Indy's 200 106 Six: Prefix and explorer 108 Ice cube? 112 Slightly feral?

> 1988 Oscar metal one keeps for many years?

124 UPS cargo 125 Immature egg 121-Down fabric 128 Affirmative

129 Eats into

116 Davis with a 117 Gratification 118 Precious

127 Most thin, as responses

87 Comment to DOWN a baseballer 1 Price studied his

1 Price's place 2 Boxing great 3 Log. for short 4 In advance 5 Wee bit

6 Cosmetician Lauder 7 Took care of 8 Low tie 9 Farmer's sci.

10 Ship steerer 11 Word before hosen 12 - Bird (notoriously hard game 13 More supple

14 Opera's start 15 Homer Simpson's favorite bar 16 Artist Max 17 Black ---(spider type) 18 Fast Amtrak service 19 Bulrushes

24 Tirana's land: Abbr. 28 Themes 29 Comic Hardy, briefly 30 Shoals 31 "Stop, mate!"

32 Rex Stout's Wolfe

33 Pt. of DOJ 38 No, in Fife 40 Fall mo.

41 Drink with a lizard logo 43 Major rift 44 Hugs, in text 45 Skirt ruffle 47 Penitentiary 49 Solar beam

50 Like some waves 51 Hip, with "in" 102 Reindeer 52 Lofty tributes

55 Light in signs 56 Captivated 57 Newsy note 59 "Meh" grade 62 Beatle John 105 Vampire 64 U.N. division 65 Sleep

activity 67 Poet Pablo 69 Tot's vehicle 70 Barbera's partner 71 Crop holder 113 Despot of 72 Poodle

name 73 Diviner's aid 115 Bird of 74 Sitcom sot 79 Female youth gp. 81 Popular way to get

around New York City 83 Barley brew 84 Cigar variety 122 Spike of 85 Pesto herb 86 Positioned 88 "Tee- --!"

89 Range of 300-3,000 MHz

90 Pit-stop stuff 91 Baldwin of "Lymelife" 95 One libeling 97 "-- no way! 98 Most fresh 100 Non-magical

person, to Harry Potter herders of Scandinavia

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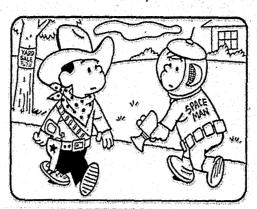
120 Shine, in ads 121 With 126-Across, Disney title dog of 1957

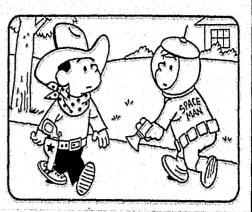
123 ENTs, e.g.

## **HOCUS-FOCUS**

#### BY **HENRY BOLTINOFF**

Find at least six differences in details between panels,





4. Cloud is missing. 5. Gun is different, 6. Earpiece is missing. 1. Sign is missing. 2. Bandana is different. 3. Bullet belt is missing.

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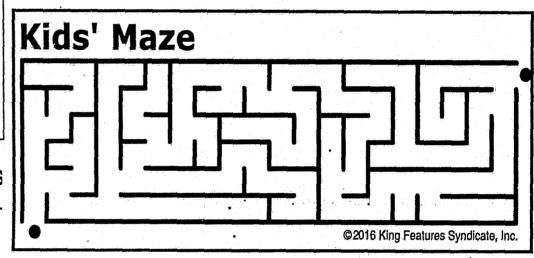
# CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals A

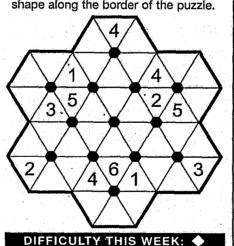
TSBKSNGE X UVYYNGE IANYU, N AYXBQ X TRVNFYJXG BSG NGIR X FASBFA XGQ MYVV "KIRT AMJG!"

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by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: • ◆ Easy ◆◆ Medium ◆◆◆ Difficult

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## Weekly **SUDOKU**

by Linda Thistle

8					3	9		
•	2		1					6
		6		4			5	
	8		4					9
3				5			2	
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	6			8				4
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5					2	6		

éach small 9-box square contains all of the numbers from one to nine

#### DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging ♦♦♦ HOO BOY! © 2016 King Features Synd., Inc.





"Stop hymni" into a church and yell I peard a policeman run Pursuing a fleeing thief, answer CryptoQuip

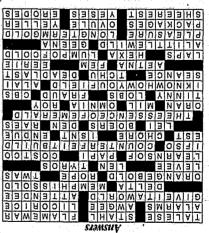
Answer

Puzzlesakids

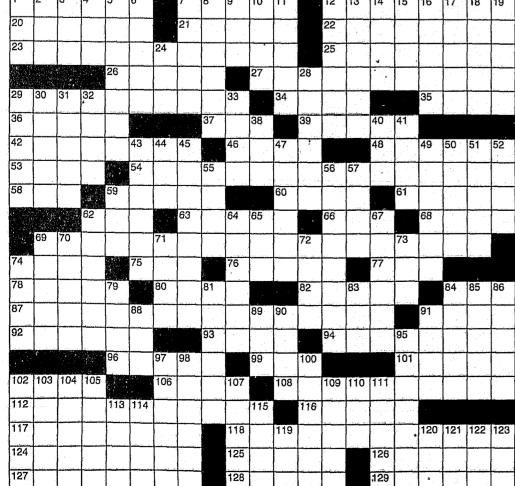
**LYRICS** Today's Word 3. Begin; 4. Ramble

uojanjos SCRAMBLERS

1. Dismay; 2, Elect;



Super Crossword



Because they are always spotted, Why can't leopards play hide and seek?

SHOWFLAKES

— Meekiy Sudoku –

*ANSWERS:* 

## **Migratory Bird Day** WMNF walk May 14

In celebration of International Migratory Bird Day (IMBD), White Mountain National Forest biologist, Lesley Rowse, will lead an early morning bird walk on Saturday, May 14. Each spring millions of migratory birds return to the United States and Canada to breed and raise their young. A variety of birds including several species of warblers and thrush return each year to breed on the White Mountain National Forest. Throughout the walk Lesley will be looking for newly arrived migrants including the many parula warblers that love to frequent this spot, According to Rowse, "The walk is a fun, and interesting way to learn what types of birds live on the Forest."

The two hour walk will begin at 7 a.m. at the parking area near Hastings Campground. All ages and abilities are welcome. The parking area is located at the junction of Highway 113 and the Wild River Road. Take Route 2 to Gilead, From Gilead, follow Highway 113 south to the road junction with the Wild River Road. You cannot get to the parking area from the south side of HWY 113 as it is still gated.

"Spread Your Wings for Bird Conservation" is the theme for International Migratory Bird Day National. This year's International Migratory Bird Day represents a collaboration of many people to protect migratory birds along their entire flyways, and throughout their lifecycles. By working together towards this common cause, we hope to initiate another century of bird conservation,

International Migratory Bird Day is sponsored by Environment for the Americas (EFTA), It celebrates the migration of over 350 species of nesting birds that nest in North America, and winter in Latin America, Mexico, and the Caribbean. EFTA provides information about bird conservation in these areas. To learn more about migratory bird habitats, visit http:// www.migratorybirdday.org/.

If you have questions regarding this event contact the Androscoggin Ranger Station 603-466-2713.

## **Age-Friendly Community news**

"Where the rubber hits the road." This is the juncture (sorry to extend the metaphor!) where the Age-Friendly Community Advisory Council finds itself at the moment. In a literal sense, we are asking for more information from you in order to solidify our planning for transportation services to the area. If you need more information about the survey - which is due May 15 - you may contact Allen Cressy (ajcressy@megalink.net, 824-

In the metaphorical sense, we are working hard to execute some concrete plans (oops!) in a number of areas that you have identified as priority considerations within our communities of Bethel, Woodstock, Newry and Greenwood. In the short or medium term we hope to develop a network of people to perform simple household tasks and produce a resource manual of services available within our communities - in the health and social realms, for instance.

We need people to help with those projects (and more to be elaborated on next week)! We hope you'll participate in a Public Celebration – Thursday, May 19, 5 to 7 p.m. at the Alliance Church in Bethel. In addition to celebrating our progress to date, we'll be taking important steps to help "the rubber meet the road." Make your

And here's an opportunity to make a local impact on another related issue. On Wednesday, May 25 a public information meeting on Broadband Internet will be held from 6 7:30 p.m. in the Telstar HS Lecture Hall. Why might this be important to you? Tune in next week - and put that date on your calendar. FMI about any of the above: Nancy Davis (nancydavis.bethel@gmail. com, 381-1110).

#### **SWOAM** to host forester's woodland tour

SWOAM will host a forester's tour of the partially harvested 173-acre Everett Towle Forest at 9 a.m. May 14. Jeff Williams, a consulting forester to the Small Woodland Owners Association of Maine, will lead the tour that is sponsored by three chapters Western Maine, Southern Maine and Two Rivers.

The Buckfield land was given to the SWOAM Land Trust by The Nature Conservancy several years ago as a heavily wooded parcel of mixed growth. Working with SWOAM staff members, Jeff has been developing harvest plans for several years to improve the forest's quality and production of forest products. The harvest is partly complete.

From Buckfield village, head east on Route 117 for about a half mile. Just after crossing the Neizinscot River, take a left on East Buckfield Road. Follow that for about three miles and the lot will be on the left. SWOAM signs will be posted.

The event is free and open to the public. For more information, contact Rich Merk at 415-1628 or mqh@fairpoint.net. Donuts and coffee will be available at 8:30 a.m.

# **Sports**



Gould's Kim Drew of Bethel fields a ground ball at first base, holds the runner and throws the batter out in a game against Hebron Academy.

D. MacKnight/Gould Academy

#### **High School Varsity Softball**

Telstar 5, Monmouth 0; April 27 - Olivia York threw a no-hitter as the Telstar softball team defeated Monmouth Academy, Lisa Gammon had three hits and scored two runs to pace the Rebel attack. Tehya Johnson and Dharma Damon had two hits each as the Rebels had plenty of baserunners during the game. Telstar broke the game open with 4 runs in the 6th inning led by a Lisa Gammon walk, a single by Ashley Savage, a walk to Olivia York and a long fly ball by Becca Howard plated two runs and another hit by Tehya Johnson finished the scoring. The defense was solid allowing no runs as Olivia York shut down the Mustangs, limiting them to only 3 walks. The team is now 2-0 on the season. - Coach Jim Lunney

Telstar 3, Carrabec 2; April 29 - The Telstar softball team raised their record to 3-0 on Friday by defeating a stubborn Carrabec team. Olivia York scattered 6 hits and struck out 7 to hold the Cobras in check while the offense struggled against the Carrabec ace, Sam Le-Beau. The Rebels finally scored three runs in the 4th inning to take the lead and York and the defense made the score stand, During the 4th inning, Becca Howard led off with a walk, Tehya Johnson followed with a single to left and Hayley Peterson had an infield hit to load the bases. Becca escaped from a rundown to help continue the threat. Lisa Gammon was hit by a pitch to force in a run and Tasha Hart's grounder was dropped at first base, allowing the 2nd and 3rd runs to score. Olivia York and the defense held up for the win. - Coach Jim

Gould 18, Hebron Academy 13; April 29-The Gould softball team continued on its unbeaten season with a big win over Hebron on Friday at Gould. After giving up four runs in the first inning, the girls had to refocus. Gould came back earning 2 runs in the bottom of the first. Hebron then scored 3 runs in the top of the 2nd and were leading 7-2. This is when the Gould bats came alive with 4 hits in the inning, including back to back home runs by Brenna Myles and Aerin Young. Gould scored 7 runs in the bottom of the 2nd inning and took the lead for good, adding at least a run in each subsequent inning. The final score was 18-13. Leading the offensive charge was Ashley Humphreys and Brenna Myles, each with 4 hits. Brenna helped the cause defensively as well as she struck out 5 of the Hebron batters, earning her the game ball of the day.

Telstar 15, Mt. Abram 0; May 3- Telstar's Olivia York and Tehya Johnson combined for a 2-hitter and struck out 10 Cobra batters to earn the shut out. Becca Howard had a 3 run double in the big first inning as the Rebels plated 12 runs in the 1st. Ashley Savage scored 3 runs for the Rebels and Olivia York had two hits for the Telstar nine and Naomi Carr made a good running catch to help lead the defense. The Rebels are 4-0 on the season. - Coach Jim Lunney

#### High School Varsity Baseball

Telstar 11 Mt. Abram 1; May 3-The Telstar Rebel boys improved their record to 2-3 behind strong pitching from Tanner Wheeler, good defense, and a well rounded attack at the plate. Tanner threw a complete game giving up no hits and striking out 12. Josh Eliot led the Rebels hitting with 3 hits including a double. Tanner Wheeler was also a repeat hitter with a double. Fabian Corriveau, Reggie Westleigh, Zac Hill, and Boston Ludden all contributed hits to the Rebel attack. "Today was a good day. Tanner was throwing gas, the de-

fense had his back, and the boys showed up at the plate." Coach John Eliot

#### **High School Boys**<sup>1</sup> Varsity Lacrosse

Kents Hill School 8, Gould 3; April 27.

Hyde School 9, Gould 6; April 30.

#### **High School Boys' JV Lacrosse**

Gould 6, Kents Hill School 3; April 27.

Gould 4, Hyde School 4; April 30.

## High School Girls' Varsity Lacrosse

Gould 11; Kennett High School 5; April 27

#### **High School Boys' Varsity Tennis**

Gould 4, Hebron Academy 1; April 27.

Gould 5, Fryeburg Academy 0; April 28.

Gould 5, Hyde School 0; April 30.

Gould 5, Fryeburg Academy 0; May 2.

#### TMS Varsity Softball

Telstar 26, Dirigo 14; April 28 - The Lady Rebels demonstrated their power by taking the season opener 26. Lucy Rothwell led the offensive barrage by going Five for Five with three singles, a double, and a triple. Brooklyn Kimball and Ellen Files had three hits each while Perry Morton, Emily Fraser, and Emily Coffin each had two. Aneah Bartlett and Shelby Thorman each pitched three strong innings and had a solid defense playing behind them. - Coach Jim Cobb

St. Dom's 17, Telstar 14; May 3-The Telstar Middle School Softball team lost a close game to Saint Doms. Brooklyn Kimball pitched 5 strong innings. The defense was led by outstanding work behind the plate by Ellen Files and excellent field play by Lucy Rothwell, Katy Colby, Perry Morton, and Bella DeVivo. Offensive power was led by Lucy Rothwell, Aneah Bartlett, Emily Coffin, and Emily Fraser. The Lady Rebels battled hard and showed excellent sportsmanship. - Coach Jim Cobb

#### TMS Varsity Baseball

Dirigo 16, Telstar 6; April 28 – The Telstar MS Varsity Baseball team, opened the 2016 season at Dirigo. The Telstar team had a strong first 3 innings leading the Dirigo team 2-0, but the Dirigo team outlasted the Telstar team. Tyler Hill led the team in hitting with a single, a double, and a triple, Devin Cole-Mason added two singles, while Mario DeVivo, Austin Westleigh, Shane Ojeda, and Asa Milot all had singles in the game. The team is 0-1 for the season. - Coach Tim O'Connor

#### **High School Girls' Track**

Meet at Telstar; April 27 – Winthrop 96, Mt. Abram 70, Dirigo 48, Telstar 39. 100 Dash: 2. Kaity Killam 13.6; 4. India Orino 14.2; 9. Sarah Wright 15.1; 15. Wynter Morin 15.7. 1600 Run: 1. Kaitlyn Brown 6:11.0; 4. Kristi Hanscom 6:47.0; 6. Emily Hanscom 7:26.0; 9. Bethany Laird 7:55.0. 400 Relay: 3. Killam, Orino, Morin, Wright (alt. Opie) 59.0. 800 Run: 2. E. Hanscom 3:20.2. 200 Dash: 8. Killam 31.8; 10. Wright 32.3; 11. Opie 32.4. 3200 Run: 1. Brown 13:54.0. Javelin: 1. Orino 78.01.0; 5. Morin 48.11.0. Discus: 1. Orino 76.08.0.

#### **High School Boys' Track**

Meet at Telstar; April 27 – Winthrop 124, Mt. Abram 78, Dirigo 68, Telstar 40, Gould Academy 14. 100 Dash: 6. Duncan Forbes (GA); 16. Joe Dillon (Tel) 14.3; 19. McKinley Braley (Tel) 14.6. 1600 Run: 7. Elijah Laird (Tel) 5:42.0; 9. Brett Hastings 5:57.0; Ricco Call (Tel) 6:22.0. 400 Relay: 4. Griffin, Hastings, Morin, Vermette (Tel) 53.4. 400 Dash: 2. Matt Bennett (GA) 56.0; 8. Lucas McGetchin 64.9. 300 Hurdles: 1. Avry Griffin 45.5. 800 Run: 3. Bennett (GA) 2:20.3; 6. Michael Jones (Tel) 2:45.6; 8. Laird (Tel) 3:02.1. 200 Dash: 2. Griffin (Tel) 24.4; 3. Forbes (GA) 25.1; 8. Mc-Getchin (Tel) 28.5; 12. Dillon (Tel) 30.0; 16. Braley (Tel) 31.5. 3200 Run: 5. Call (Tel) 14:36.0. 1600 Relay: 3. Call, Jones, Laird, Pasternack (Tel) 5:02.9. Shot Put: 7. Elijah Mason (Tel) 31.09.0; 8. Matt Morin (Tel) 30.01.0. Javelin: 4. Morin (Tel)113.09.0; 6. Mason (Tel) 107.10.0; 8. Dillon (Tel) 96.04.0; 18. Gabe Pasternack (Tel) 76.08.5. Long Jump: 2. Forbes (GA) 17.07.0; 5. Aaron Vermette (Tel) 16.06.8; 9. McGetchin (Tel) 15.04.3; 11. Pasternack (Tel) 14.11.3; 13. Morin (Tel) 14.09.8; 14. Mason (Tel) 13.03.0. High Jump: 2. Vermette (Tel) 5.05.0; 7. Hastings (Tel) 4.04.0. Triple Jump: 1. Griffin (Tel) 40.02.0; 4. Vermette (Tel) 36.01.5.

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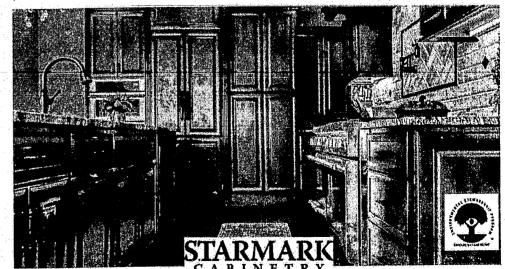


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# Classifieds

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#### WANTED

Antiques/collectibles: Estate/one item. FREE estimates. Call Mike or Louanne RUMFORD CENTER ANTIQUES, INN AND AUCTIONS. 1384 RT, 2 Rumford Center, (207) 357-5951, or thibs53@gmail.com

#### HELP WANTED

**CLEANING PERSON** NEEDED for Camp Encore-Coda in Sweden. Late June through mid \*August. 15-20 hours per week, mornings. For more information please contact James Saltman at

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HOUSEKEEPERS NEED-ED for part-time cleaning. Good pay! 207-890-5357

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Rt. 2, Bethel ~ Ask for Dave or Heather

**Request for Proposals** 

**Town of Woodstock** 

Re-shingling Whitman Library Roof

The Woodstock Board of Selectmen is asking for proposals for

The job will consist of removing two layers of old shingles on the

Removing one layer of shingles on the new section of the library.

Installing ice and water shield up six feet from the edge in the

Re-shingle roof with 30 year architectural shingles and install

Proposals will be accepted until Tuesday May 17, 2016

at 4:45 PM. Bids will be opened and read aloud at that time.

The Selectmen reserve the right to accept or reject any or all bids.

For further information you may contact Vern Maxfield at the

Woodstock Town Office at 665-2668.

valleys, and installing roof guard on the remainder.

re-shingling the roof on the Whitman Memorial Library.

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day's July & August. Starting pay \$13.00/hr, with increases depending on experience. Call Tama Drown, cell 207-632-7212 Hideaway Rentals & Prop. Mgmt, LLC

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BETHEL DUPLEX: 2 bedrooms, loft on third level.

financing available. www. Full bath, Jacuzzi. fireplace, garage, 2 decks, views, washer/dryer, dishwasher, electric and heat included. \$850, 603-552-3295, cell 603-247-2081.

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Large 2nd floor, new-ly renovated one bedroom, apartment located on Main Street in Bethel, \$675/month includes heat and Electricity. No pets or smoking allowed. Call 824-3200

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RECENTLY RENOVAT-ED 2 BEDROOM APART-MENT, 63 Main Street, Bethel above law office of Siegel & Crockett, and opposite IGA, available early May. Living room, kitchen, full bath, with private entrance. Some mountain views. \$750/ month includes heat, water, sewer, wireless internet, parking. 824-2247.

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25 words or less, one week \$3.75. Additional weeks without change \$3.00. More than 25 words, 20¢ per word, 20% consecutive week discount. "Free and Found" ads are no charge.

Advertisements in care of The Bethel Citizen \$2.00 per insertion additional.

Display advertising in classified columns \$6.25 per inch. Advertisers utilizing space in classified display regularly (minimum of 2 weeks in succession) are entitled to a rate of \$5.05 per inch.

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## THIS WEEK'S **Estate / Yard / Garage** & Moving Sales!

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May 7 & 8 ● 9am - 2pm Rain or Shine 399 Rowe Hill Rd

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Furniture, Yard Tools, Kitchen Utensils, Small Appliances, Snowblower, Lawn Mower, Chainsaws. Cowhides, Animal Pelts, Rugs, Sheets & Blankets and Much Morel

#### BETHEL **20 Tyler Street** YARD/GARAGE SALE

Sunday, May 8 10AM-1PM

Baseball & Football cards and other souvenirs, plants, frames, CDs, small old rocking chair caning project, old trunk, small metal filing cabinet, plants, many other things.

**3 MILES PAST NEWRY CORNER OFF of RT. 26 at** #3 & #13 RIVERWOOD DRIVE

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and hours on your signs.

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#### Sun Journal

The Newsroom is looking for a news reporter to cover a general assignment beat in Oxford County, Maine. You will be based in our Norway Bureau.

The job includes covering live news events, courts, crime and town government, which involves a flexible work schedule, including some nights and weekends. The successful applicant will have a demonstrated capability to file timely and accurate reports. Must also display the ability and enthusiasm to tell stories visually with images and digital video. Candidate should be savvy and comfortable with using social media to curate stories and story ideas.

Cover letter must include the skills and talents you might bring to this award-winning news organization. Please include writing and photography samples or links to your work online. This is an exciting opportunity to work for a dynamic team with an excellent benefits package and compensation. Forward resume and cover letter to:

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Includes flourescent waterproof signs, price stickers, directional arrows and tip sheet!

Use brightly colored signs with bold arrows

· Include sale dates, location

Sun Journal is a division of the Sun Media Group

#### MLT "Into the Woods" Series: Maine Warden Service

The Mahoosuc Land Trust announces the May event in its "Into the Woods" speaker series. Brock Clukey will speak about his work with the Maine Warden Service at 7 p.m. on Wednesday, May 18, at the Andover Elementary School.

Since 1880, when Maine's moose and deer were first given legal protection, the Maine Warden Service has carried on its mission to conserve Maine's natural resources, particularly fish and wildlife. Side by side with this mission is a commitment to serve and protect the public. The wardens do this work through education, community involvement, law enforcement and search and rescue for those who venture into Maine's woodlands and inland waterways.

The Mahoosuc Land Trust is an accredited community land trust encouraging public interest in conservation in central Oxford County and eastern Coos County, NH, supporting a balance of growth and conservation and emphasizing sustainable and traditional land uses. For more information, please see www.mahoosuc.org or call the office at 207-824-3806.



LAND TRUST WORK DAY **Bob Duplessie and Bob lles, Mahoosuc** Land Trust volunteers, installed signs on the kiosk at Hastings Landing in Rumford Center as part of the recent spring clean up day. Other volunteers lending a hand were Mac Davis, Nancy Babcock, David Walker, Lida lles, Bob O'Brien, Henrietta and Jim List, and Kevin Winsor, The Land Trust hand-carry boat launch is mid-way between the Hanover and Rumford launch sites. Mac Davis

# Your Guide to Area Services

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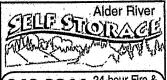
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## <u>Obituaries</u>



Joseph M. Salatino, 64, died Tuesday, May 3, at his residence on the South

Arm Road in Andover. Born in Rumford on March 12, 1952, he was a son of Francis "Chico" and Betty (Brown) Salatino. He was a graduate of Rumford High School. He worked for NewPage Paper Mill in Rumford as a machinist and he was also a mason.

Joe was a communicant of the Parish of the Holy Savior, St. Athanasius — St. John Church in Rum-

**Hunts Corner** Cemetery Association Annual Meeting will be held May 6 at 6:30 pm at the home of **Betty Gingras** 1240 Hunts Corner Road Albany

SONGO Cemetery Association

FMI 207-393-7141

Spring Meeting & Clean-up **SUNDAY MAY 17th 10am Albany Town Hall** 



BOY AND THE WORLD (PG)

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ford. He was an avid hunt-

er and fisherman. He loved his garden and riding his Harley. He loved spending

time with family, especially his grandchildren.

He was married in Rum-

ford on April 17, 1971, to

Mary Kersey, who sur-

vives of Andover. Other

survivors include his

mother, Betty Salatino

of Rumford; a son, Chris

Salatino and his fiancée,

Karen Greenleaf, of Booth-

bay Harbor; a daughter,

Beth Gallant and her hus-

band, George, 'of Rum-

ford; two sisters, Jackie

Mawhinney and her hus-

band, Britt, of Florida and

Terry Lucy and her hus-

band, Ray, of California;

grandchildren, Andrew, Kelsey, Kayla, Eli, George

and Parker; great-grand-

children, Bella, Michael

and Colton; and his be-

loved dog, "Shelley." He was predeceased by a

son, Michael Jon; and his

A Mass of Christian Buri-

al will be celebrated Sat-

urday, May 7, at 10 a.m.,

at the Parish of the Holy

Savior St. Athanasius - St.

John Church in Rumford.

Interment will be in St.

John Cemetery in Rum-

ford. Friends are invited

to call at the Meader & Son

Funeral Home, 3 Franklin

St., Rumford, on Friday,

May 6, from 4 to 8 p.m.

father.

## **Cooking with Betsy**

By Betsy Riley

## Every day is Mother's Day Brunch

Tucked amongst the pages in my recipe binder, a Mother's Day memory sprang to life. On a laminated sheet of fancy floral paper, an acronym poem of the word Mother stopped me. Written by my son when he first began cursive handwriting, this keepsake oddly lives in the binder and its page is flipped with each recipe search. Aware of its content and warmed by its memory, these mindful feelings are usually enough for me to flip by ... but today I read. The words Magical helper, Outstanding food maker, Terrific being, Happy, Excited, Really nice... filled my eyes, head and heart and suddenly I knew this event needed to be shared with you. Spring and all the calendar marked occasions within it are designed to celebrate and remember people and times. Whether it be Mother's Day, a bridal shower, a big birthday, religious celebration or teacher's luncheon, it's important to keep appreciation active. So how does this relate to food? Well, tiptoeing backward to the poem, I thought of Mother's Day, my mom and a homemade brunch. Homemade, yes, because nothing says "I care" like a handcrafted, lovingly prepared taste sensation. No matter what, it's the thought that counts. Moms, if you're reading, this brunch is for you! Serves 6-8.

#### **Baked French Toast**

Prepared the night before and refrigerated, this recipe is a sweet

1 loaf French bread, sliced in 1 inch slices, need 20 slices

8 large eggs 2 cups half-and-half 1 cup milk

2 tablespoons granulated sugar 1 teaspoon vanilla extract 1/4 teaspoon ground cinnamon 1/4 teaspoon ground nutmeg Dash salt

Strudel Topping, recipe follows

Strudel Topping: 1/2 pound (2 sticks) butter 1 cup packed light brown sugar 2 tablespoons light corn syrup 1/2 teaspoon ground cinnamon 1/2 teaspoon ground nutmeg Combine all ingredients in a bowl and blend well.

Arrange slices in a generously buttered 9 by 13-inch flat baking dish in 2 rows, overlapping the slices. In a large bowl, combine the eggs, halfand-half, milk, sugar, vanilla, cinnamon, nutmeg and salt and beat with a rotary beater or whisk until blended but not too bubbly. Pour mixture over the bread slices, making sure all are covered evenly with the milk-egg mixture. Spoon some of the mixture in between the slices. Cover with foil and refrigerate overnight.

The next day, preheat oven to 350 degrees. Spread Praline Topping evenly over the bread and bake for 40 minutes, until puffed and lightly golden. Serve with maple syrup and...bacon wrapped pork tender-

You Are Invited to

a Ladies Luncheon

Theme: You Are Such a Doll

(Psalm 139:14)

Saturday, May 7th

at 12:30 pm

Pleasant Valley Bible Church

407 Flat Rd West Bethel

Contact Cindy Fraher

at 836-3006

cindyfraher@gmail.com

or June at 824-2037

for more information

#### **Bacon Wrapped Pork Tenderloin**

Just try it. Great brunchy item! 2 tablespoons olive oil 2 pork tenderloins (about 1 to 11/2 pound each) trimmed of excess fat Salt & freshly ground black pepper 1 Tbsp chopped fresh rosemary 12 fresh sage leaves 1 Tbsp chopped fresh thyme 12 (1/4-inch thick) slices bacon 2 Tbsp Olive oil

Arrange tenderloins on work surface. Rub the top each tenderloin with olive oil and season with salt and pepper. Mix together the herbs and scatter half of the mix over each tenderloin, Wrap 6 strips of bacon around each tenderloin and tie bacon in place with kitchen twine.

Heat oven to 375 degrees. Heat oil in a medium, skillet over medium-high heat, Sear the tenderloins until golden brown on all sides. Transfer seared tenderloins to medium roasting pan; place in the oven and cook to medium doneness about 8 to 10 minutes. Transfer tenderloins to cutting board and let stand 10 minutes, Slice thinly, arrange on platter and garnish with a sprig of herb. Excellent with spinach salad!

#### Spinach Salad with Strawberries and Spiced Pecans

This takes a little time, but is worth every yummy bite!

6 c spinach leaves 2 c sliced fresh strawberries 1/2 c thinly slices red onion 1 c sliced fresh white mushrooms Poppy Seed Dressing Spiced pecans

## News Tip?

- NOTICE -

The Annual Meeting

of the

Bethel Riverside

Cemetery Association

will be held at the

**Bethel Airport** 

Conference Center\*

on May 11, 2016

at 6:30pm.

Any person owning a

lot is automatically a

member of the Association

and is cordially invited to

attend the meeting.

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RIVERSIDE

CEMETERY: in our ongoing effort to make. our cemetery as attractive as possible, it is requested that any faded, wilted, or dying flowers or shrubbery, or other

prior to May 23rd. Any such remaining will be removed by the cemetery prior to Memorial Day.

unsightly materials be removed

hank you for your assistance. **BRCA Board of Directors.** 

Cemetery Assoc. Meeting will be held on Sunday May 15, at 2:00 PM At the home of

706 Walkers Mills Road

Anyone having a family member there is a member of the Assoc. and welcome

For more info call 875-5265

## Bring Mom to visit our greenhouses, florist and garden shop ... or call, and we'll deliver! Mother's Day, May 8th!

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Spiced Pecans: 1 c pecans

1 egg white 34 tsp vanilla

1 c sugar 1 Tbsp water

Beat egg white until frothy (not stiff), Add remaining ingredients and stir. Mix in pecans to coat, Spread pecans on a parchment pa-per lined baking sheet in a single layer and bake at 200 degrees for 45 minutes, Turn every 15 minutes. Remove from oven and cool to room temperature. Store in airtight container. Can be made 1-2 days ahead.

Dressing: 1 c veggie oil, 1/3 c cider vinegar, % c sugar, 1 Tbsp. Poppy seeds, 1 tsp salt, 1 tsp dry mustard and 1 tsp celery seed.

Place all ingredients in a jar and shake, Refrigerate until ready to

Place spinach, strawberries, onion and mushrooms in a bowl, toss with dressing (do not use whole recipedress as prefered) and sprinkle pecans on top!

#### Lemon Ginger Iced Tea

1/3 cup honey 1/4-1/2 cup (2 ounces), peeled and sliced fresh ginger 6 tea bags, your preference 3 lemons, juiced (about 1/2 cup) Lemon slices Mint sprigs, for garnish

Place honey, 2 cups water and ginger in a saucepan and bring to a boil. Remove from heat and add tea bags. Let mixture steep for at least 30 minutes and up to 1 hour. Strain out solids. In a pitcher combine strained liquid with 6 cups water and lemon juice. Chill in refrigerator. Serve in tall glass with ice, lemon slice a a

> Next read, we go local. Happy Spring!

Annual South Bethel

> Earl and Pat Hart Bethel, ME

to attend

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Pooh!